



2022 Healthy Hike & Run

健康遠足及跑步賽



Goodman Healthy Hike & Run (13 km Solo Men & Women) May 22, 2022

TOP 3 Men 18-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	379	Max	Lau	Men 16-39	HKSAR	--	01:04:33
2	2	384	Ka Sing	Cheng	Men 16-39	HKSAR	--	01:05:21
3	3	380	King Fung	Lau	Men 16-39	HKSAR	--	01:05:43

TOP 3 Men 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
4	1	364	Limbu	Yamanath	Men 40-49	Nepal	--	01:07:10
6	2	361	Shan Ching	Chan	Men 40-49	HKSAR	--	01:14:45
9	3	383	Ka Cheong Michael	Ng	Men 40-49	China	--	01:17:08

TOP 3 Men 50+

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
5	1	365	Kin Wai	Yeung	Men 50+	HKSAR	--	01:12:47
17	2	377	Man Sing	Hau	Men 50+	UK	--	01:27:47
21	3	314	Ka Wai	Wong	Men 50+	HKSAR	--	01:34:32

TOP 3 Women 18-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
20	1	349	Magdalena	Cvetkovic	Women 16-39	Switzerland	--	01:33:31
40	2	320	Karen	Lau	Women 16-39	HKSAR	--	01:55:15
42	3	373	Man Yee	Yu	Women 16-39	HKSAR	--	01:57:12

TOP 3 Women 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
14	1	322	Justine	Clark	Women 40-49	UK	--	01:23:07
16	2	375	Wai Yin	Chiu	Women 40-49	HKSAR	--	01:27:11
24	3	359	Chi Yan Fanny	Yu	Women 40-49	HKSAR	--	01:36:25

TOP 3 Women 50+

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
12	1	360	Karen	Lui	Women 50+	HKSAR	--	01:20:19
30	2	316	Miyuki	Lynn	Women 50+	Japan	--	01:45:07
44	3	358	Hau Yi Dora	Li	Women 50+	China	--	01:58:55