

### Action Asia Vietnam 3 Days Ultra Marathon 2009

Overall Position	Race #	Last Name	First Name	Category	DAY 1 MARATHON 35k	DAY 2 MARATHON 35k	DAY 3 MARATHON 20k	TOTAL 90k	Category Position	Category
1	26	Leung	King Yan Anthony	Men 30-39	03:41:21	03:10:13	01:57:09	8:48:43	1	Men 30-39
2	2	Blackford	Mel	Men 30-39	04:07:49	03:10:13	01:59:00	9:17:02	2	Men 30-39
3	30	Smith	Jesse	Men 30-39	04:26:23	03:10:13	01:56:15	9:32:51	3	Men 30-39
4	27	Levy	Damien	Men 30-39	04:20:06	03:12:49	02:02:13	9:35:08	4	Men 30-39
5	16	Chung	Hyun Chang	Men 30-39	04:07:49	03:22:24	02:05:05	9:35:18	5	Men 30-39
6	25	Larsen	Mikkel	Men 30-39	04:25:28	03:18:50	01:56:59	9:41:17	6	Men 30-39
7	14	Bruce	Thorsten	Men 30-39	04:24:38	03:13:39	02:07:41	9:45:58	7	Men 30-39
8	40	Knight	Martin	Men 40-49	04:25:26	03:17:25	02:08:29	9:51:20	1	Men 40-49
9	10	Wong	Wai Chuen	Men 18-29	04:29:54	03:24:40	02:08:54	10:03:28	1	Men 18-29
10	22	Gianella	Sandro	Men 30-39	04:05:09	03:41:03	02:19:24	10:05:36	8	Men 30-39
11	60	Tai	Fung In	Women 18-29	04:21:56	03:34:04	02:15:36	10:11:36	1	Women 18-29
12	35	Boulanger	Alain	Men 40-49	04:36:07	03:41:16	02:02:03	10:19:26	2	Men 40-49
13	80	Walpole	Hazel	Women 40-49	04:39:13	03:52:21	02:18:11	10:49:45	1	Women 40-49
14	63	Brooks	Virginia	Women 30-39	04:29:55	03:52:21	02:32:38	10:54:54	1	Women 30-39
15	20	Edwards	Chris	Men 30-39	04:43:00	03:52:20	02:21:14	10:56:34	9	Men 30-39
16	52	Ho	Ping Kun	Men 50-59	04:34:48	04:00:20	02:25:38	11:00:46	1	Men 50-59
17	4	Fung	Kai Yuen	Men 18-29	04:42:11	03:44:40	02:34:28	11:01:19	2	Men 18-29
18	77	Chun	Luen Lai	Women 40-49	04:43:04	03:53:13	02:25:38	11:01:55	2	Women 40-49
19	43	Perry	David	Men 40-49	04:58:39	03:50:41	02:18:11	11:07:31	3	Men 40-49
20	17	Cochi	Xavier	Men 30-39	04:58:35	03:47:15	02:25:16	11:11:06	10	Men 30-39
21	46	Schuster	Juergen	Men 40-49	04:44:54	04:01:34	02:26:12	11:12:40	4	Men 40-49
22	62	Williams	Zein	Women 18-29	04:39:13	03:57:08	02:37:52	11:14:13	2	Women 18-29
23	3	Couderc	Dimitri	Men 18-29	04:32:14	04:30:29	02:15:36	11:18:19	3	Men 18-29
24	8	Tsang	Yin Ting Anton	Men 18-29	05:05:02	04:16:01	02:08:05	11:29:08	4	Men 18-29
25	47	Wong	Yuk Tung Ronald	Men 40-49	05:05:02	04:16:01	02:08:21	11:29:24	5	Men 40-49
26	39	Johnson	Michael	Men 40-49	04:58:41	03:54:07	02:37:44	11:30:32	6	Men 40-49
27	19	Daniels	James	Men 30-39	04:49:09	04:02:27	02:39:33	11:31:09	11	Men 30-39
28	24	Head	Robert	Men 30-39	04:49:33	04:12:50	02:33:27	11:35:50	12	Men 30-39
29	21	Gething	David	Men 30-39	04:58:37	04:18:44	02:35:35	11:52:56	13	Men 30-39
30	1	Anderson	Nicholas	Men 18-29	04:58:40	04:18:45	02:35:35	11:53:00	5	Men 18-29
31	76	Cheung	Kate	Women 40-49	04:53:35	04:22:41	02:37:52	11:54:08	3	Women 40-49
32	12	Apelbaum	Dima	Men 30-39	04:53:35	04:28:03	02:37:52	11:59:30	14	Men 30-39
33	42	Low	Hamish	Men 40-49	05:18:12	04:21:39	02:42:38	12:22:29	7	Men 40-49
34	69	Senn	Nora	Women 30-39	05:11:56	04:28:02	02:56:22	12:36:20	2	Women 30-39
35	18	Cockburn	Alan	Men 30-39	04:52:48	05:29:42	02:47:19	13:09:49	15	Men 30-39

36	15	Bucaille	Arnaud	Men 30-39	05:27:48	04:55:05	02:47:44	13:10:37	16	Men 30-39	
37	58	Guillaume	Helene	Women 18-29	05:58:08	04:33:58	02:41:28	13:13:34	3	Women 18-29	
38	70	Soldati	Claudia	Women 30-39	05:24:44	04:42:35	03:06:47	13:14:06	3	Women 30-39	
39	23	Haw	Phillip	Men 30-39	05:02:34	05:29:44	02:47:23	13:19:41	17	Men 30-39	
40	55	Sawyer	Martyn	Men 50-59	05:39:48	04:43:55	02:56:22	13:20:05	2	Men 50-59	
41	11	Yuen	Yick Hay Simon	Men 18-29	06:10:07	04:33:58	02:41:28	13:25:33	6	Men 18-29	
42	34	Blumsom	David	Men 40-49	05:59:20	04:40:00	02:50:50	13:30:10	8	Men 40-49	
43	51	Gunns	Christopher	Men 50-59	08:08:09	03:19:44	02:06:23	13:34:16	3	Men 50-59	
44	28	Lo	Brian	Men 30-39	05:40:34	05:00:03	03:07:19	13:47:56	18	Men 30-39	
45	9	Tse	Ka Cheung	Men 18-29	06:21:31	04:41:04	02:49:14	13:51:49	7	Men 18-29	
46	66	Fanshawe	Samantha	Women 30-39	05:39:46	05:46:17	03:39:36	15:05:39	4	Women 30-39	
47	41	Li	Yuk Ki Eric	Men 40-49	06:21:38	05:46:18	03:18:27	15:26:23	9	Men 40-49	
48	5	Hugill	Adam	Men 18-29	06:27:36	06:01:45	03:32:41	16:02:02	8	Men 18-29	
49	100	Church	Michael	Men 30-39	05:24:41	04:42:35	DN:S:	#VALUE!	19	Men 30-39	
50	29	Lockyer	Bryan	Men 30-39	DN:F:	03:34:42	03:28:19	#VALUE!	20	Men 30-39	
51	32	Woodman	Matthew Donald	Men 30-39	DN:F:	02:53:29	02:50:17	#VALUE!	21	Men 30-39	
52	38	Haagen	Anders	Men 40-49	DN:F:	06:11:47	03:11:00	#VALUE!	10	Men 40-49	