



**Ford Vietnam AA 50k & 100k 3 Day Stage Marathon 2010**  
**動感亞洲越南三天終極馬拉松比賽二〇一〇**  
**June 30 – July 4 2010**

**Top 3 Overall Men (100k)**

Name / Time

1. Jeremy Ritcey – 12:07:13
2. Damien Levy – 13:42:54
3. Joel LaBelle – 15:21:44

**Top 3 Overall Women (100k)**

Name / Time

1. Claire Chapman – 13:27:39
2. Nora Senn – 13:34:08
3. Virginia Brooks – 17:00:23

**Top 3 Overall Men (50k)**

Name / Time

1. Dinus De Vries – 5:18:40
2. Keith Russell – 6:10:47
3. Pehsalen Naidoo – 8:01:33

**Top 3 Overall Women (50k)**

Name / Time

1. Caroline Seabrook – 7:37:01
2. Sara Jordan – 7:42:40
3. Clara Ng – 8:14:49

**100km Category**

**Men 30-39**

Name / Time

1. Jeremy Ritcey – 11:47:13
2. Damien Levy – 13:42:54
3. Joel LaBelle – 15:21:44



Men 40-49

Name / Time

Krister Stig Hakan Larsson – 18:41:16

Women 18-29

Name / Time

1. Claire Chapman – 13:27:39
2. Kalina King – 17:11:10

Women 30-39

Name / Time

1. Nora Senn – 13:34:08
2. Virginia Brooks – 17:00:23
3. Ann Cheng-Echevarria – 19:02:00

## 50km Category

Men 20-29

Name / Time

Ricky Cheuk – 8:15:40

Men 30-39

Name / Time

1. Pehsalen Naidoo – 8:01:33
2. Alistair Carter – 8:51:37

Men 40-49

Name / Time

1. Dinus De Vries – 5:18:40
2. Keith Russell – 6:10:47
3. Ye Wong – 9:17:48

Women 18-29

Name / Time

1. Megan Tanner – 8:41:44
2. Emily Hackney – 8:58:12
3. Suh-Hee Park – 9:05:28



Women 30-39

Name / Time

1. Caroline Seabrook – 7:37:01
2. Sara Jordan – 7:42:40
3. Clara Ng – 8:14:49

Women 40-49

Name / Time

1. Lisa Cheng – 9:27:34
2. Vera Sung – 21:20:56