

**Provisional Results 50km Ford Vietnam AA 3 Day Stage Marathon, 2010**

Overall Position	Race #	Team Name	First Name	Last Name	Day 1	Day 2	Day 3	Total Time	Cat Position	Category	Remarks
1	20	Dinus de Vries	Dinus	De Vries	01:47:35	02:27:45	01:03:20	5:18:40	1	Explorer Men 40-49	
2	23	-	Keith	Russell	02:08:35	02:44:09	01:18:03	6:10:47	2	Explorer Men 40-49	
3	36	Caroline Seabrook	Caroline	Seabrook	02:48:58	03:24:30	01:23:33	7:37:01	1	Explorer Women 30-39	
4	33	Sara Jordan	Sara	Jordan	02:46:49	03:24:30	01:31:21	7:42:40	2	Explorer Women 30-39	
5	19	Pehsalen Naidoo	Pehsalen	Naidoo	02:39:59	03:28:46	01:52:48	8:01:33	1	Explorer Men 30-39	
6	35	Sze Wan Clara Ng	Sze Wan Clara	Ng	03:23:40	03:08:54	01:42:15	8:14:49	3	Explorer Women 30-39	
7	17	Ricky Cheuk	Ricky	Cheuk	02:40:02	04:03:44	01:31:54	8:15:40	1	Explorer Men 20-29	
8	28	Megan Tanner	Megan	Tanner	03:12:20	03:49:34	01:39:50	8:41:44	1	Explorer Women 18-29	
9	34	Gina Miller	Gina	Miller	03:12:22	03:49:36	01:43:26	8:45:24	4	Explorer Women 30-39	
10	18	Alistair Carter	Alistair	Carter	03:02:27	04:03:39	01:45:31	8:51:37	2	Explorer Men 30-39	
11	26	-	Emily	Hackney	03:16:08	04:09:03	01:33:01	8:58:12	2	Explorer Women 18-29	
12	27	Suh-Hee Park	Suh Hee	Park	03:16:15	04:03:45	01:45:28	9:05:28	3	Explorer Women 18-29	
13	25	JP Team	Ye	Wong	03:16:30	03:58:11	02:03:07	9:17:48	3	Explorer Men 40-49	
14	29	Elizabeth Wong	Kar Lai Elizabeth	Wong	03:16:09	04:09:04	01:52:48	9:18:01	4	Explorer Women 18-29	
15	32	JP Team	Yuk Pei	Foong	03:16:34	03:58:10	02:03:23	9:18:07	5	Explorer Women 30-39	
16	39	-	Lisa	Cheng	03:23:06	03:52:30	02:11:58	9:27:34	1	Explorer Women 40-49	
17	21	oreo	Wai Ching	Fung	03:23:08	04:07:40	01:56:52	9:27:40	4	Explorer Men 40-49	
18	31	-	Leone	Booth	03:16:10	04:45:40	02:06:38	10:08:28	6	Explorer Women 30-39	
19	30	Rita Bonomally	Rita	Bonomally	03:42:52	04:45:39	02:14:33	10:43:04	7	Explorer Women 30-39	
20	37	-	Alice	Edinger	04:32:31	05:12:30	01:43:28	11:28:29	8	Explorer Women 30-39	
21	12	Amanda Cotterman	Amanda	Cotterman	04:32:32	05:12:31	02:09:59	11:55:02	5	Explorer Women 18-29	
22	1	Gareth Bridges	Gareth	Bridges	08:29:18	03:30:16	01:31:26	13:31:00	3	Explorer Men 30-39	
23	9	-	Heinz	Fischer	12:00:00	03:38:21	01:34:08	17:12:29	5	Explorer Men 40-49	
24	38	-	Vera	Sung	12:27:59	06:13:02	02:39:55	21:20:56	2	Explorer Women 40-49	
25	22	-	Shiu	Fung	12:28:00	06:13:06	02:39:55	21:21:01	6	Explorer Men 40-49	
26	24	-	Ron	Tarbell	04:32:30	DN:S:	01:54:51	6:27:21	7	Explorer Men 40-49	