



**Bonaqua Action Sprint Series 2010 – Repulse Bay – 12km**  
**Bonaqua 動感亞洲越野跑步比賽系列(一)之淺水灣**  
**14 Mar 2010**

Top 3 Overall Men

Name/ Time

1. Jeremy Ritcey – 1:17:47
2. Mark Western – 1:23:16
3. Dan Parr – 1:24:54

Top 3 Overall Women

Name/ Time

1. Claire Chapman – 1:40:10
2. Juliane Rethfeldt – 1:42:11
3. Nadia Koucha – 1:45:02

**Men's Category**

Men 14-19

Name/ Time

1. Zanskar Blair – 1:48:30
2. Lukas Knecht-Boyer – 1:53:46
3. Ethan Kelly – 1:57:30

Men 20-29

Name/ Time

1. Richard Green – 1:33:56
2. Tat-yip Kelvin Yim – 1:36:24
3. Siu-tung Hui – 1:38:31

Men 30-34

Name/ Time

1. Dan Parr – 1:24:54
2. Jesper McIlroy – 1:36:29
3. Benjamin Gebert – 1:36:40



Men 35-39

Name/ Time

1. Jeremy Ritcey – 1:17:47
2. Seth Fischer – 1:26:32
3. Kurt Lynn – 1:32:57

Men 40-44

Name/ Time

1. Mark Western – 1:23:15
2. Matt McLaughlin – 1:33:56
3. Didier Rodelli – 1:36:02

Men 45-49

Name/ Time

1. Andrew Thomson – 1:26:08
2. Mark Sutton – 1:49:17
3. Ching-po Kwok – 1:51:03

Men 50-59

Name/ Time

1. Tze-wan Wong – 1:34:39
2. Wai-lam Ray Chan – 1:37:40
3. Anthony Somerset – 1:38:08

Men 60-69

Name/ Time

Wah-hoi Ho – 2:28:47

## **Women's Category**

Women 14-19

Name/ Time

1. Frederikke Faarbaek – 2:27:23
2. Yi-chun Gillian Tay – 2:53:37
3. Mary Hui – 3:00:40

Women 20-29

Name/ Time

1. Allyson Hominski – 2:12:35
2. Jen Lederer – 2:13:17
3. Bonnie Fung – 2:32:06



Women 30-39

Name/ Time

1. Claire Chapman – 1:40:10
2. Juliane Rethfeldt – 1:42:11
3. Emma Bruce – 1:46:53

Women 40-49

Name/ Time

1. Nadia Koucha – 1:45:02
2. Kobi Janssen – 2:02:20
3. S Y Anita Fung – 2:12:02

Women 50-59

Name/ Time

1. Siu-yin Choi – 2:39:07
2. Emily Yau – 3:22:21