



Bonaqua Action Sprint Series 2010 – Mui Wo – 12km
Bonaqua 動感亞洲越野跑步比賽系列 (二) 梅窩
28 Mar 2010

Top 3 Overall Men

Name/ Time

1. Darren Benson – 1:10:59
2. Jeremy Ritcey – 1:11:09
3. Hoi-To Ho 何海濤 – 1:15:36

Top 3 Overall Women

Name/ Time

1. Fung-In Tai 戴鳳妍 – 1:41:49
2. Kate Pallett – 1:43:54
3. Sherrin Loh – 1:46:10

Men's Category

Men 14-19

Name/ Time

1. Yung-Chu Wong 王容儲 – 1:22:07
2. Wik-Hon Wu 胡域瀚 – 1:28:48
3. Peter Chan – 1:30:09

Men 20-29

Name/ Time

1. Wai-Huen Albert Yung – 1:23:50
2. Siu-Tung Hui – 1:24:32
3. Chun-Kit Chan – 1:28:42

Men 30-34

Name/ Time

1. Hoi-To Ho 何海濤 – 1:15:36
2. Gerald Yip – 1:23:38
3. Martin Brown – 1:45:46



Men 35-39

Name/ Time

1. Darren Benson – 1:10:59
2. Jeremy Ritcey – 1:11:09
3. Jesse Smith – 1:16:24

Men 40-44

Name/ Time

1. Mark Western – 1:15:42
2. Sai-Kit Alger Cheng – 1:31:10
3. Kwai-Wah Elson Leung – 1:39:38

Men 45-49

Name/ Time

1. Tim McCosker – 1:21:34
2. Shu-Wah Leung – 1:27:40
3. Siegfried Verheijke – 1:29:29

Men 50-59

Name/ Time

1. Kwok-Keung Yeung – 1:21:42
2. Wai-lam Ray Chan – 1:25:52
3. Tze-Wan Wong – 1:28:10

Men 60-69

Name/ Time

1. Wai Kwong So – 2:04:33
2. Wah-hoi Ho – 2:14:09

Women's Category

Women 14-19

Name/ Time

1. Yi-chun Gillian Tay – 2:34:23
2. Sophia Hui – 3:29:14

Women 20-29

Name/ Time

1. Iris Lui – 2:04:06
2. Bonnie Fung – 2:05:06



3. Catherine Broome – 2:05:31

Women 30-39

Name/ Time

1. Fung-In Tai 戴鳳妍 – 1:41:49
2. Kate Pallett – 1:43:54
3. Erin Bowland – 2:01:18

Women 40-49

Name/ Time

1. Sherrin Loh – 1:46:10
2. Alexandra Meikle – 1:47:12
3. Marichu Opsima – 2:02:18

Women 50-59

Name/ Time

1. Yuk-Sim Law – 1:55:12
2. Annie Knecht – 2:07:03
3. Suk-Fun Tse – 2:09:57