

Provisional Results - 22km - Merrell Healthy Run & Hike 21 Mar 2010

Overall Position	Race #	Team Name	First Name	Last Name	Category	Tsuen Trail Water	Split	Grass Pinc Water CP	Split	Finish	Cat Position	Category	Remarks
1	6	Seth Fischer	Seth	Fischer	22km - Mens 30-39	01:13:00	0:23:11	01:36:11	0:17:20	01:53:31	1	22km - Mens 30-39	
2	259	Anthony Davies	Anthony	Davies	22km - Mens 40-49	01:21:00	0:26:30	01:47:30	0:17:16	02:04:46	1	22km - Mens 40-49	
3	295	Chan See Kau	See Kau	Chan	22km - Mens 50-59	01:26:35	0:19:10	01:45:45	0:27:31	02:13:16	1	22km - Mens 50-59	
4	268	-	Stanley	Li	22km - Mens 40-49	01:26:10	0:30:00	01:56:10	0:18:37	02:14:47	2	22km - Mens 40-49	
5	220	-	Sai Kit Alger	Cheng	22km - Mens 30-39	01:28:00	0:28:22	01:56:22	0:19:35	02:15:57	2	22km - Mens 30-39	
6	241	Pablo Torres	Pablo	Torres	22km - Mens 30-39	01:31:33	0:27:57	01:59:30	0:20:58	02:20:28	3	22km - Mens 30-39	
7	211	Alvin	Tak Chun	Wong	22km - Mens 16-29	01:31:05	0:33:20	02:04:25	0:16:24	02:20:49	1	22km - Mens 16-29	
8	286	-	Shu Keung	Chiang	22km - Mens 40-49	01:31:47	0:28:23	02:00:10	0:21:42	02:21:52	3	22km - Mens 40-49	
9	202	William Chiang	William	Chiang	22km - Mens 16-29	01:32:01	0:14:07	01:46:08	0:35:50	02:21:58	2	22km - Mens 16-29	
10	275	CPH	John	Mckinven	22km - Mens 40-49	01:32:55	0:28:24	02:01:19	0:22:22	02:23:41	4	22km - Mens 40-49	
11	279	-	Garrett	Quigley	22km - Mens 40-49	01:35:30	0:29:00	02:04:30	0:19:48	02:24:18	5	22km - Mens 40-49	
12	266	Pierre Lacoste	Pierre	Lacoste	22km - Mens 40-49	01:32:40	0:29:31	02:02:11	0:22:18	02:24:29	6	22km - Mens 40-49	
13	243	Ron Tupac	Ron	Tupac	22km - Mens 30-39	01:34:56	0:29:16	02:04:12	0:20:29	02:24:41	4	22km - Mens 30-39	
14	200	-	Richard	Brooks	22km - Mens 16-29	01:33:10	0:30:10	02:03:20	0:21:51	02:25:11	3	22km - Mens 16-29	
15	80	Daniel Bernal	Daniel	Bernal	22km - Mens 16-29	01:34:02	0:29:38	02:03:40	0:21:40	02:25:20	4	22km - Mens 16-29	
16	239	Matthijs Schot	Matthijs	Schot	22km - Mens 30-39	01:33:40	0:29:49	02:03:29	0:22:33	02:26:02	5	22km - Mens 30-39	
17	225	-	Kai Yuen	Fung	22km - Mens 30-39	01:35:10	0:30:31	02:05:41	0:20:50	02:26:31	6	22km - Mens 30-39	
18	380	Kevin Tither	Kevin	Tither	22km - Mens 16-29	01:35:40	0:30:06	02:05:46	0:22:25	02:28:11	5	22km - Mens 16-29	
19	235	-	Bertrand	Petit	22km - Mens 30-39	01:34:25	0:31:06	02:05:31	0:23:06	02:28:37	7	22km - Mens 30-39	
20	304	Law Kwong Chow	Kwong Chow	Law	22km - Mens 60+	01:36:02	0:30:04	02:06:06	0:22:55	02:29:05	1	22km - Mens 60+	
21	223	-	Niklas	Ericson	22km - Mens 30-39	01:33:26	0:29:56	02:03:22	0:25:59	02:29:21	8	22km - Mens 30-39	
22	278	Stephen Peel	Stephen	Peel	22km - Mens 40-49	01:35:16	0:30:29	02:05:45	0:23:48	02:29:33	7	22km - Mens 40-49	
23	322	-	Nora	Senn	22km - Womens 30-39	01:36:48	0:31:23	02:08:11	0:21:24	02:29:35	1	22km - Womens 30-39	
24	299	-	King Pong	Ho	22km - Mens 50-59	01:29:00	0:36:30	02:05:30	0:25:41	02:31:11	2	22km - Mens 50-59	
25	308	-	Zein	Williams	22km - Womens 16-29	01:36:18	0:31:36	02:07:54	0:24:18	02:32:12	1	22km - Womens 16-29	
26	301	Claus	Claus	Rolf	22km - Mens 50-59	01:42:40	0:29:53	02:12:33	0:20:35	02:33:08	3	22km - Mens 50-59	
27	277	Hannes Niggli	Hannes	Niggli	22km - Mens 40-49	01:40:20	0:30:00	02:10:20	0:23:07	02:33:27	8	22km - Mens 40-49	
28	253	Simon Cheng	Simon	Cheng	22km - Mens 40-49	01:39:12	0:30:38	02:09:50	0:23:43	02:33:33	9	22km - Mens 40-49	
29	316	Lise Harrow	Lise	Harrow	22km - Womens 30-39	01:41:55	0:29:58	02:11:53	0:21:51	02:33:44	2	22km - Womens 30-39	
30	341	Yuko Izuta	Yuko	Izuta	22km - Womens 50+	01:41:58	0:30:12	02:12:10	0:22:49	02:34:59	1	22km - Womens 50+	
31	303	-	Chun Bong	Tso	22km - Mens 50-59	01:41:50	0:30:40	02:11:50	0:23:30	02:35:20	4	22km - Mens 50-59	
32	312	Ninsky	Blacklock	Blacklock	22km - Womens 30-39	01:42:55	0:29:53	02:12:48	0:22:43	02:35:31	3	22km - Womens 30-39	
33	229	-	Martin	Hill	22km - Mens 30-39	01:41:20	0:30:10	02:11:30	0:24:25	02:35:55	9	22km - Mens 30-39	
34	221	Jeremy Cole	Jeremy	Cole	22km - Mens 30-39	01:40:03	0:30:08	02:10:11	0:26:03	02:36:14	10	22km - Mens 30-39	
35	218	Kenoth	Ken	Blacklock	22km - Mens 30-39	01:42:05	0:31:16	02:13:21	0:23:19	02:36:40	11	22km - Mens 30-39	
36	216	Malcolm Binns	Malcolm	Binns	22km - Mens 30-39	01:41:11	0:31:59	02:13:10	0:25:37	02:38:47	12	22km - Mens 30-39	
37	350	Active Atoms	Wai Yiu, Chun Wing, Chiu Wik	Chan, Fong, Ngan	22km - Team of 3	01:40:56	0:29:31	02:10:27	0:29:24	02:39:51	1	22km - Team of 3	
38	237	Matthew Quinlan	Matthew	Quinlan	22km - Mens 30-39	01:41:22	0:33:45	02:15:07	0:25:01	02:40:08	13	22km - Mens 30-39	
39	297	James Demers	James	Demers	22km - Mens 50-59	01:42:35	0:34:34	02:17:09	0:26:23	02:43:32	5	22km - Mens 50-59	
40	261	Uchida Eiichi	Uchida	Eiichi	22km - Mens 40-49	01:44:54	0:33:19	02:18:13	0:25:44	02:43:57	10	22km - Mens 40-49	
41	254	Paul Chillingworth	Paul	Chillingworth	22km - Mens 40-49	01:45:22	0:33:03	02:18:25	0:25:52	02:44:17	11	22km - Mens 40-49	
42	294	-	Chiu	Chan	22km - Mens 50-59	01:45:48	0:35:02	02:20:50	0:23:35	02:44:25	6	22km - Mens 50-59	
43	205	Kwok Yan Wing William	Yan Wing William	Kwok	22km - Mens 16-29	01:44:36	0:35:04	02:19:40	0:25:28	02:45:08	6	22km - Mens 16-29	
44	240	Sam Smith	Samantha	Smith	22km - Womens 40-49	01:45:20	0:34:25	02:19:42	0:26:06	02:45:51	2	22km - Womens 30-39	
45	305	Leung Kam Yuen	Leung	Kam Yuen	22km - Mens 60+	01:47:45	0:36:27	02:24:12	0:22:03	02:46:15	2	22km - Mens 60+	
46	247	Matthew Woodman	Matthew	Woodman	22km - Mens 30-39	01:46:20	0:35:32	02:21:52	0:24:47	02:46:39	14	22km - Mens 30-39	
47	273	Mark Machin	Mark Gordon Adam	Machin	22km - Mens 40-49	01:43:15	0:36:17	02:19:32	0:27:45	02:47:17	12	22km - Mens 40-49	
48	210	Vivien Ringuede'	Vivien	Ringuede'	22km - Mens 16-29	01:45:10	0:34:32	02:19:42	0:27:58	02:47:40	7	22km - Mens 16-29	
49	309	Emily Woodland	Emily	Woodland	22km - Womens 16-29	01:46:41	0:37:11	02:23:52	0:24:17	02:48:09	2	22km - Womens 16-29	
50	293	-	Chee Ming	Chan	22km - Mens 50-59	01:47:01	0:36:54	02:23:55	0:24:38	02:48:33	7	22km - Mens 50-59	
51	264	-	Ching Po	Kwok	22km - Mens 40-49	01:45:30	0:32:56	02:18:26	0:30:18	02:48:44	13	22km - Mens 40-49	
52	310	Katy Banovic	Katy	Banovic	22km - Womens 30-39	01:49:40	0:35:10	02:24:50	0:25:16	02:50:06	5	22km - Womens 30-39	
53	329	Gabriella Verdi	Gabriella	Verdi	22km - Womens 40-49	01:49:54	0:36:17	02:26:11	0:24:46	02:50:57	1	22km - Womens 40-49	
54	285	-	Huw	Williams	22km - Mens 40-49	01:41:26	0:44:04	02:25:30	0:25:41	02:51:11	14	22km - Mens 40-49	
55	227	Romain Guelliot	Romain	Guelliot	22km - Mens 30-39	01:49:10	0:48:42	02:37:52	0:14:24	02:52:16	15	22km - Mens 30-39	
56	283	Jean-Pierre	Jean-Pierre	Trabichet	22km - Mens 40-49	01:52:50	0:46:11	02:35:31	0:27:22	02:52:53	11	22km - Mens 40-49	
57	231	Bryan Lockyer	Bryan	Lockyer	22km - Mens 30-39	01:42:33	0:36:58	02:19:31	0:34:21	02:53:52	16	22km - Mens 30-39	
58	284	Bjorn Trollsas	Bjorn	Trollsas	22km - Mens 40-49	01:49:33	0:37:57	02:27:30	0:26:29	02:53:59	16	22km - Mens 40-49	
59	306	Wong Pak Kun	Pak Kun	Wong	22km - Mens 60+	01:52:23	0:36:47	02:29:10	0:26:16	02:55:26	3	22km - Mens 60+	
60	246	Chi Yuen Wong	Chi Yuen	Wong	22km - Mens 30-39	01:52:20	0:37:52	02:30:12	0:26:14	02:56:26	17	22km - Mens 30-39	
61	276	-	Kai Man	Ng	22km - Mens 40-49	01:53:33	0:37:04	02:30:37	0:25:57	02:56:34	17	22km - Mens 40-49	
62	255	Frank Chiu	Frank	Chiu	22km - Mens 40-49	01:49:15	0:37:46	02:27:01	0:29:40	02:56:41	18	22km - Mens 40-49	
63	359	Triple H	Chun Pong, Dik Hei Patrick, Simon	Ho, Ho, Ho	22km - Team of 3	01:53:40	0:37:42	02:31:22	0:28:09	02:59:31	2	22km - Team of 3	
64	302	-	Wing Yan	Tam	22km - Mens 50-59	01:55:20	0:38:30	02:33:50	0:26:26	03:00:16	8	22km - Mens 50-59	
65	342	-	Oi Yim	Leung	22km - Womens 50+	01:55:23	0:39:28	02:34:51	0:26:34	03:01:25	2	22km - Womens 50+	
66	270	Lo Wing Kin	Keith	Lo	22km - Mens 40-49	01:54:20	0:37:46	02:32:06	0:29:27	03:01:33	19	22km - Mens 40-49	
67	290	Edward Boyd	Edward	Boyd	22km - Mens 50-59	01:53:34	0:37:11	02:30:45	0:31:26	03:02:11	9	22km - Mens 50-59	
68	213	-	Anfeme	Wong	22km - Mens 16-29	01:57:58	0:37:48	02:35:46	0:26:49	03:02:35	8	22km - Mens 16-29	
69	319	-	Stella	Leung	22km - Womens 30-39	01:58:27	0:38:40	02:35:07	0:27:59	03:03:06	1	22km - Womens 30-39	
70	256	Chu Kin Hung	Kin Hung	Chu	22km - Mens 40-49	01:56:12	0:38:50	02:35:02	0:28:57	03:03:59	20	22km - Mens 40-49	
71	265	-	SW	Kwok	22km - Mens 40-49	01:54:10	0:45:24	02:39:34	0:24:43	03:04:17	21	22km - Mens 40-49	
72	267	Loic LE JANNOU	Loic	Le Jannou	22km - Mens 40-49	02:00:28	0:40:22	02:40:50	0:25:22	03:06:12	22	22km - Mens 40-49	
73	244	Wai Chi Shing	Chi Shing	Wai	22km - Mens 30-39	01:58:16	0:42:06	02:40:22	0:27:23	03:07:45	18	22km - Mens 30-39	
74	208	Lo Wing Pun	Wing Pun	Lo	22km - Mens 16-29	01:56:02	0:43:48	02:39:50	0:29:05	03:08:55	9	22km - Mens 16-29	
75	224	-	Guy	Fulton	22km - Mens 30-39	02:00:19	0:41:01	02:41:20	0:28:55	03:10:15	19	22km - Mens 30-39	
76	340	Wong Yuen Mei	Yuen Mei	Wong	22km - Womens 40-49	02:00:44	0:42:21	02:43:05	0:30:07	03:13:12	2	22km - Womens 40-49	
77	217	-	Tim	Blackburn	22km - Mens 30-39	02:09:11	0:39:19	02:48:30	0:25:52	03:14:22	20	22km - Mens 30-39	
78	362	DARNA!	Imelda, Verlie, Grace	Corcolon, Bunao, Balintong	22km - Team of 3	02:08:10	0:40:01	02:48:11	0:27:09	03:15:20	3	22km - Team of 3	
79	323	Double Trouble 1	Janine	Canham	22km - Womens 40-49	02:09:30	0:39:14	02:48:44	0:28:40	03:17:24	3	22km - Womens 40-49	
80	307	Tsang Cheuk Hang	Cheuk Hang	Tsang	22km - Mens 16-29	02:09:26	0:43:07	02:52:33	0:27:39	03:20:12	3	22km - Mens 16-29	
81	324	-	Rosie	Lynn-Jones	22km - Womens 40-49	02:11:22	0:42:47	02:54:09	0:26:27	03:20:36	4	22km - Womens 40-49	
82	272	Sondy Lo	Yun Wai Sondy	Lo	22km - Mens 40-49	02:10:11	0:42:33	02:52:44	0:28:18	03:21:02	23	22km - Mens 40-49	
83	327	Go nummy go!	Tina	Purvis	22km - Womens 40-49	02:10:38	0:43:02	02:53:40	0:27:32	03:21:12	5	22km - Womens 40-49	
84	205	Gerald Kwok	Gerald	Kwok	22km - Mens 1								

121	204	Gonzalez Mathieu	Mathieu	Gonzalez	22km - Mens 16-29	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	18	22km - Mens 16-29
122	215	MICHAEL ANDERSON	Michael	Anderson	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	28	22km - Mens 30-39
123	222	-	Pieter	de Marez Oyens	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	29	22km - Mens 30-39
124	228	Christophe GUILLOT	Christophe	Guillot	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	30	22km - Mens 30-39
125	234	-	Calvin	Ngo	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	31	22km - Mens 30-39
126	238	Solomon	Jeremy	Ricoey	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	32	22km - Mens 30-39
127	242	Thomas Torrisi	Thomas	Torrisi	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	33	22km - Mens 30-39
128	245	Adam Wielowieyski	Adam	Wielowieyski	22km - Mens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	34	22km - Mens 30-39
129	250	-	Greg	Biglione	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	32	22km - Mens 40-49
130	251	-	John	Brewster	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	33	22km - Mens 40-49
131	252	-	Guillaume	Calloud	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	34	22km - Mens 40-49
132	262	Vins Fong	Vins	Fong	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	35	22km - Mens 40-49
133	263	-	Stuart	Gates	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	36	22km - Mens 40-49
134	281	-	Tim	Storey	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	37	22km - Mens 40-49
135	282	-	Denis	Tam	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	38	22km - Mens 40-49
136	287	Wong Tat Keung	Tat Keung	Wong	22km - Mens 40-49	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	39	22km - Mens 40-49
137	292	Mike Cartwright	Mike	Cartwright	22km - Mens 50-59	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	13	22km - Mens 50-59
138	296	Frank Cheung	Ching Ping	Cheung	22km - Mens 50-59	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	14	22km - Mens 50-59
139	313	Choi	Kerensa	Choi	22km - Womens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	12	22km - Womens 30-39
140	314	Louisa Connolly	Louisa	Connolly	22km - Womens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	13	22km - Womens 30-39
141	320	-	Lucy	Marriott	22km - Womens 30-39	DN:S: #VALUE!	DN:S: #VALUE!	DN:S: #VALUE!	14	22km - Womens 30-39