# 2021 Hong Kong Ultimate Champions Trail Run 24km @HK50

## April 17, 2021

## Precautionary measures related to COVID-19 to be taken

#### **NEED TO KNOW!!!**

#### Before the Race:

1. Each participant must get tested for COVID-19 within 48 hours of the race. Testing can be done at private clinic or at government community center. The website for government centers are listed here: <a href="https://www.communitytest.gov.hk/zh-HK">https://www.communitytest.gov.hk/zh-HK</a>. The cost for testing is HKD \$240. Upon receiving the confirmation for the test results, please whatsapp or SMS the information and your bib number / Name to 94087430 before the race. Recommend booking online as easier.

Example: The race is on April 17<sup>th</sup> at 6:30am. The testing cannot be done before April 15<sup>th</sup> at 6:30am. You can walk into any government testing centre at opening at 8:00am to test. The results would come back within 24 hours and you can text us the message for the results with your bib number and name.

- 2. Bibs and runners pack will be ready at Action X Store (G/F 121-125 Wing Lok Street, Sheung Wan) on THURS APR 15<sup>th</sup> and FRI April 16<sup>th</sup>.
- 3. Runners waiver will be ready at Action X Store for you to review and sign on arrival. Each runner will also receive and must fill in the Action Asia Events HK Limited Health Declaration and turn in at the race MORNING INTO A BOX.

### On Race Day:

4. On arrival of the race, please hand in your Health Declaration letter and also measure your temperature. If temperature is

- above 37'C degrees, we will not allow you to participate in the race.
- 5. Due to COVID-19 regulations, at all times, runners must obey the social distancing rules in staying 1.5 meters apart.
- 6. There will not be any water supplied at checkpoints so please remember to bring enough supplies. We do provide bottled water after the race at the finished area.
- 7. Mask must be worn before the race starts and for the first 100 meters. Any runner who drops a mask or other garbage will be immediately disqualified for littering. New masks will be provided at the finish line for runners to change on arrival.
- 8. Each runner will be queuing in distance of 1.5m wide and length between each other before the start. Runners will start in a batch of 50 and leave the start every 1 minute (e.g. 6:30 am Wave 1 Open Men; 6:31 am Wave 2 Open Women; 6:33 am Wave 3 Open Men 2; 6:34 am Wave 4 Open Women 2) The one minute interval can be adjusted if needed. The intention is for runners to spread out quickly on course and not gather at the start area).
- 9. Participants must stay 1.5 meters apart from each other at all times.

#### After the Race:

- 10. When finished, please do not stay in the finishing area and proceed to exit. No awards as this will be announced online at later date.
- 11. Medals, Finisher T-Shirt, Certificate will be available to pick up at Action X Store on a later date (To be confirmed by email / whatsapp message) due to social distancing regulation at the race.