

Lantau 50

Precautionary measures related to COVID-19 to be taken by the Organiser

The organiser must adopt and strictly adhere to the health and infection control measures as follows-

1. All runners must be fully vaccinated for COVID-19 (i.e. finished the required number of dose(s) 14 days before the event day) and are required to present the vaccination records to the organiser during enrollment. They are also required to conduct polymerase chain reaction (PCR) test within 48 hours prior to the start of the race. Only those runners who possess negative result proof of PCR test are allowed to take part in the race. They are required to present their vaccination records and test results on the event day for checking as and when required.
2. All staff members involved in the event operation must be fully vaccinated for COVID-19 (i.e. finished the required number of dose(s) 14 days before the event day). For those staff members with a proof from a registered doctor of being medically unfit for vaccination can opt for obtaining negative PCR test results within 48 hours prior to event. They are required to show the test result and the proof of being medically unfit for vaccination on the event day for checking as and when required.
3. All participants (include runners and staff members) are required to complete health declaration forms provided by the organiser.
4. Body temperature screening will be required before a person is allowed to enter the race venue. Only those with body temperature lower than 37.5°C are allowed to participate in the race.
5. Luggage check-in will be at the start/finish area. Runners have to queue up and keep 1.5m apart from others for baggage deposit and collection. Only one person is allowed to deposit and collect the baggage at any one time at each counter.
6. No mass briefing of runners at the venue will be conducted.
7. Hand sanitizers stations will be available for all participants at the start/finish area, luggage check-in counters, water replenish station(s) and checkpoints.

8. All participants will be advised to keep social distancing of not less than 1.5m with one another at the race venue. The flow and density of people entering, attending and departing the event will be monitored and regulated to avoid overcrowding.
9. All participants must wear masks at all times, except when runners who are competing along the race route or when they are consuming drinks where reasonably necessary.
10. Race starts at 6:30am in three batches. Runners are advised to keep 1.5m apart from each other before race start.
11. Runners can take off their masks 100 meters after the start of the race and must put on the masks immediately after crossing the finish line within 2 minutes. Runners will be advised to leave the finish area as soon as possible to avoid gathering.
12. Pacers, support runners, crew and spectators are not allowed along the race route, at the checkpoints, water replenish station as well as the start/finish area.
13. Eating will not be allowed at race venue, except for staff members having meals during meal breaks.
14. Water replenish station(s) will be available during the race. Only designated staff members who wear mask and gloves will operate the tap of the carboy water dispensers to refill water for the runners.
15. Any staff members who will be in close contacts with runners, such as luggage check-in counters, water replenish station(s) or checkpoints, will be provided with extra gears (e.g. face shield, gloves, etc.).
16. No prize presentation ceremony will be held at the race venue on the event day.
17. A total of 3 numbers of first aiders will be deployed at the checkpoints, along the race route as well as at the start cum finish area.
18. A doctor and a medical advisor will be engaged for the event.
19. The contact information and attendance record of all participants will be kept for 31 days after each race. Such information will be made available to the government departments for the purpose of contact tracing when necessary.

20. A staff will be designated to act as the Safety and Hygiene Officer on the race day to oversee (e.g. spot checks) the operation of the event and ensure that the health and infection control measures are strictly adhered to.

21. The health and infection control measures as set out above may be varied by the Government's written notification at any time, subject to the development of the local epidemic situation and social distancing measures.

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