



**2022** **Healthy Hike & Run**  
健康遠足及跑步賽



**Goodman Healthy Hike & Run (13 km Solo Men & Women)**  
**May 22, 2022**

**Overall Top 5 Men**

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	379	Max	Lau	Men 16-39	HKSAR	--	01:04:33
2	2	384	Ka Sing	Cheng	Men 16-39	HKSAR	--	01:05:21
3	3	380	King Fung	Lau	Men 16-39	HKSAR	--	01:05:43
4	1	364	Limbu	Yamanath	Men 40-49	Nepal	--	01:07:10
5	1	365	Kin Wai	Yeung	Men 50+	HKSAR	--	01:12:47

**Overall Top 5 Women**

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
12	1	360	Karen	Lui	Women 50+	HKSAR	--	01:20:19
14	1	322	Justine	Clark	Women 40-49	UK	--	01:23:07
16	2	375	Wai Yin	Chiu	Women 40-49	HKSAR	--	01:27:11
20	1	349	Magdalena	Cvetkovic	Women 16-39	Switzerland	--	01:33:31
24	3	359	Chi Yan Fanny	Yu	Women 40-49	HKSAR	--	01:36:25