



Goodman Healthy Hike & Run (13km Solo Men & Women) March 4, 2023

Overall Top 5 Men

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	663	Chun Yin 俊彥	Lo 羅	Men 14-39	HKG	RRAC	01:04:06
2	1	579	Kwong Hang 光恆	Leung 梁	Men 40-49	HKG	BIX HK	01:04:37
3	2	670	Louis	Montfort	Men 14-39	France	-	01:05:05
4	3	512	Creighton	Connolly	Men 14-39	Canada	Gone Runners	01:06:18
5	1	564	Jan	Souleyman	Men 50+	UK	-	01:07:53

Overall Top 5 Women

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
14	1	611	Kimberlee	Isom	Women 40-49	US	-	01:20:41
15	2	617	Nia	Cooper	Women 40-49	UK	-	01:20:59
18	1	638	Laetitia	Montfort	Women 14-39	France	-	01:24:49
20	2	627	Phoebe 巧臻	Mak 麥	Women 14-39	HKG	-	01:25:20
21	3	521	Ming Chu 明珠	Yuen 阮	Women 14-39	HKG	-	01:25:38