



Goodman Healthy Hike & Run (19km Solo Men & Women) March 4, 2023

TOP 3 Men 18-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
1	1	191	Ho Chung	Wong	Men 14-39	HKG	The North Face Adventure Team	01:29:09
2	2	194	Rex	Lo	Men 14-39	HKG	TPH	01:29:48
3	3	162	Chun kit	Tsang	Men 14-39	HKG	-	01:30:28

TOP 3 Men 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
6	1	149	Nicolas	Meillassoux	Men 40-49	France	-	01:35:40
9	2	132	Chris	Davis	Men 40-49	UK	-	01:40:08
10	3	169	Chun Yin	Lee	Men 40-49	HKG	-	01:44:54

TOP 3 Men 50+

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
19	1	122	Takazumi	Iwanabe	Men 50+	Japan	Shizuoka	01:53:10
30	2	276	Sheung	Yeung	Men 50+	China	耐走舍	01:58:23
31	3	277	Chun Wai	Lee	Men 50+	China	耐走舍	01:59:36

TOP 3 Women 18-39

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
26	1	333	Shirley Cornelia	Hung	Women 14-39	HKG	-	01:57:30
29	2	328	Sophie	Hedou	Women 14-39	France	-	01:58:03
58	3	190	Charlotte	Mulliner	Women 14-39	UK	-	02:12:01

TOP 3 Women 40-49

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
46	1	316	Dolly	Vargas	Women 40-49	Philippines	-	02:07:13
47	2	183	Sofie	Jacobs	Women 40-49	Belgium	Southsode OCR	02:07:20
89	3	184	Sachiyo	Asakawa	Women 40-49	Japan	CBRE	02:25:39

TOP 3 Women 50+

Rankings								Timing
Overall	Category	BIB	First Name	Last Name	Category	Nationality	Team / Sponsor	Race Time
194	1	267	Catherine	Kwan	Women 50+	HKG	-	02:54:54
153	2	110	Riza	Abella	Women 50+	Philippines	-	02:56:01
161	3	250	Nurmie	Macapundag	Women 50+	Philippines	-	02:58:31



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