

Kwok on 國安

LONG KI 朗奇

4

5

4

5

833

829





00:26:28

00:26:36

Goodman Healthy Hike & Run (5km Open Men, Women & Family Team) March 4, 2023

Overall Top 5 Men Timing Rankings Category Overall Category First Name Last Name Nationality Team / Sponsor Race Time 1 806 Siu Ao 兆鰲 Tsang 曾 Open Men HKG 00:25:40 2 2 850 Yin For 燕科 Ng 吳 Open Men HKG 00:25:50 3 3 814 Cheuk yiu janos 卓耀 Au 區 Open Men HKG 00:26:00

Open Men

Open Men

HKG

HKG

Hui 許

MO 毛

| Overall Top 5 Women | | | | | | | | | | | |
|---------------------|----------|-----|------------|-----------|------------|-------------|----------------|-----------|--|--|--|
| Rankings | | | | | | | | Timing | | | |
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time | | | |
| 10 | 1 | 844 | Yau Kan 佑勤 | Ng 吳 | Open Women | HKG | - | 00:30:52 | | | |
| 16 | 2 | 856 | Emma 展慧 | Leung 梁 | Open Women | UK | - | 00:37:49 | | | |
| 20 | 3 | 857 | Nuo 諾 | Chen 陈 | Open Women | China | - | 00:40:59 | | | |
| 22 | 4 | 807 | Maureen | Corpuz | Open Women | Philippines | - | 00:43:22 | | | |
| 23 | 5 | 863 | Katie | Moran | Open Women | US | - | 00:44:33 | | | |

| Overall Top 3 Family Team | | | | | | | | | | |
|---------------------------|-----|------------------------|--------------------------|----------------|-----------|--|--|--|--|--|
| Rankings | | | | | Timing | | | | | |
| Overall | BIB | Team Member 1 | Team Member 2 | Team / Sponsor | Race Time | | | | | |
| 1 | 900 | Dylan Baram | Derek Baram | Baram Boys | 00:30:29 | | | | | |
| 2 | 919 | Devin James Kennington | William James Kennington | - | 00:31:02 | | | | | |
| 3 | 913 | Damon Lau | Ellman Lau | Lava | 00:32:10 | | | | | |