



# Action SPRINT Trail Series

## DBay, Lantau, Hong Kong

### (12km Solo Men, Women)

#### April 16, 2023



| Overall Ranking | Race # | First Name     | Last Name     | Nationality       | Team / Sponsor  | CP1      | Split    | Finish Time | Cat Position | Category    |
|-----------------|--------|----------------|---------------|-------------------|-----------------|----------|----------|-------------|--------------|-------------|
| 1               | 1      | vlad           | ixel          | Australia         | Bix Hydration   | 00:31:00 | 00:35:51 | 01:06:51    | 1            | Men 30-39   |
| 2               | 834    | Matthew        | Carey         | UK                | -               | 00:34:00 | 00:39:39 | 01:13:39    | 2            | Men 30-39   |
| 3               | 128    | Yu Hin Jeffrey | Cho           | HKG               | The Peak Hunter | 00:37:00 | 00:43:18 | 01:20:18    | 1            | Men 16-29   |
| 4               | 138    | Will           | Dalling       | South Africa      | -               | 00:39:00 | 00:43:19 | 01:22:19    | 1            | Men 40-49   |
| 5               | 111    | Louis          | Montfort      | France            | -               | 00:37:00 | 00:48:49 | 01:25:49    | 3            | Men 30-39   |
| 6               | 2      | Zein           | Williams      | HKG               | -               | 00:40:00 | 00:46:02 | 01:26:02    | 1            | Women 40-49 |
| 7               | 167    | Hyun Chang     | Chung         | Republic of Korea | lantau buffalos | 00:41:00 | 00:45:30 | 01:26:30    | 2            | Men 40-49   |
| 8               | 54     | Juan           | Perez Carpena | Spain             | -               | 00:41:00 | 00:46:45 | 01:27:45    | 1            | Men 50-59   |
| 9               | 121    | Tin Long       | Lai           | HKG               | Oxyone          | 00:39:00 | 00:49:32 | 01:28:32    | 2            | Men 16-29   |
| 10              | 169    | Stephen        | Higgins       | UK                | -               | 00:41:00 | 00:48:03 | 01:29:03    | 2            | Men 50-59   |
| 11              | 113    | Adrien         | Semblat       | France            | -               | 00:42:00 | 00:47:25 | 01:29:25    | 3            | Men 40-49   |
| 12              | 87     | Nicholas       | Forde         | UK                | -               | 00:41:00 | 00:49:39 | 01:30:39    | 4            | Men 40-49   |
| 13              | 175    | Bashant Sean   | Angbuhang     | Nepal             | BuffCo          | 00:42:00 | 00:50:18 | 01:32:18    | 4            | Men 30-39   |
| 14              | 141    | Matthew        | Chan          | HKG               | -               | 00:43:00 | 00:49:18 | 01:32:18    | 5            | Men 30-39   |
| 15              | 114    | Michael        | Pennock       | UK                | -               | 00:44:00 | 00:48:48 | 01:32:48    | 6            | Men 30-39   |
| 16              | 168    | Ainoa          | Mombiola      | Spain             | -               | 00:43:00 | 00:50:03 | 01:33:03    | 2            | Women 40-49 |
| 17              | 36     | Philipp        | Ramsbacher    | Germany           | -               | 00:41:00 | 00:52:17 | 01:33:17    | 3            | Men 16-29   |
| 18              | 95     | Shing Fung     | Yan           | HKG               | -               | 00:43:00 | 00:50:23 | 01:33:23    | 7            | Men 30-39   |
| 19              | 813    | Vincent        | Monin         | France            | -               | 00:44:00 | 00:50:12 | 01:34:12    | 8            | Men 30-39   |
| 20              | 162    | Karen          | Hung          | HKG               | -               | 00:43:00 | 00:51:40 | 01:34:40    | 1            | Women 30-39 |
| 21              | 50     | Eric           | To            | HKG               | -               | 00:45:00 | 00:50:03 | 01:35:03    | 1            | Men 60+     |
| 22              | 61     | Jon            | Abel          | UK                | -               | 00:43:00 | 00:52:09 | 01:35:09    | 9            | Men 30-39   |
| 23              | 802    | Ka Lun         | Leung         | HKG               | -               | 00:42:00 | 00:53:14 | 01:35:14    | 10           | Men 30-39   |
| 24              | 52     | Matt           | McDonnell     | New Zealand       | -               | 00:44:00 | 00:52:30 | 01:36:30    | 5            | Men 40-49   |
| 25              | 47     | Fernando       | Magaz Casado  | Spain             | Kipmovin        | 00:44:00 | 00:55:02 | 01:39:02    | 6            | Men 40-49   |
| 27              | 93     | Chun Pong      | Ho            | HKG               | -               | 00:47:00 | 00:52:34 | 01:39:34    | 11           | Men 30-39   |
| 26              | 803    | Pierre         | Maunier       | France            | -               | 00:45:00 | 00:54:49 | 01:39:49    | 12           | Men 30-39   |
| 28              | 90     | Andrew         | Tilton        | US                | -               | 00:46:00 | 00:54:04 | 01:40:04    | 3            | Men 50-59   |
| 29              | 92     | Ka Ho          | Cheung        | HKG               | oxyone          | 00:48:00 | 00:52:18 | 01:40:18    | 4            | Men 16-29   |



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|-----------------|--------|------------|-----------------|-------------|------------------------------|----------|----------|-------------|--------------|-------------|
| 30              | 56     | Sam        | Bartram         | UK          | -                            | 00:48:00 | 00:52:43 | 01:40:43    | 7            | Men 40-49   |
| 31              | 123    | Alexander  | Lithgow         | UK          | -                            | 00:47:00 | 00:55:03 | 01:42:03    | 5            | Men 16-29   |
| 32              | 77     | Alina ilyn | Vaso            | Philippines | -                            | 00:46:00 | 00:56:35 | 01:42:35    | 2            | Women 30-39 |
| 33              | 11     | Valentin   | Grenot          | France      | -                            | 00:47:00 | 00:55:50 | 01:42:50    | 6            | Men 16-29   |
| 34              | 154    | Yiu Fai    | Hong            | HKG         | -                            | 00:48:00 | 00:54:53 | 01:42:53    | 2            | Men 60+     |
| 35              | 3      | Mei yan    | Wong            | HKG         | -                            | 00:49:00 | 00:54:28 | 01:43:28    | 1            | Women 16-29 |
| 36              | 40     | Jean-Luc   | Karlin          | France      | CATCH Peakmasters            | 00:50:00 | 00:54:10 | 01:44:10    | 8            | Men 40-49   |
| 37              | 44     | Penny      | Lam             | HKG         | WildDaddy                    | 00:52:00 | 00:52:15 | 01:44:15    | 13           | Men 30-39   |
| 38              | 170    | Antoine    | Doublet         | France      | -                            | 00:50:00 | 00:54:36 | 01:44:36    | 14           | Men 30-39   |
| 39              | 45     | Neil       | McCormick       | UK          | -                            | 00:49:00 | 00:55:39 | 01:44:39    | 15           | Men 30-39   |
| 40              | 837    | Loic       | Le Jannou       | France      | -                            | 00:48:00 | 00:57:01 | 01:45:01    | 3            | Men 60+     |
| 41              | 9      | Eleazar    | Lemardeley      | France      | -                            | 00:49:00 | 00:57:40 | 01:46:40    | 16           | Men 30-39   |
| 42              | 801    | Naoko      | Wada-Thomas     | Japan       | -                            | 00:50:00 | 00:57:44 | 01:47:44    | 3            | Women 40-49 |
| 43              | 152    | Saulius    | Geniusasa       | Lithuania   | -                            | 00:47:00 | 01:00:44 | 01:47:44    | 9            | Men 40-49   |
| 44              | 147    | Moran      | Zukerman        | Israel      | Rotary Club of Discovery Bay | 00:52:00 | 00:56:09 | 01:48:09    | 10           | Men 40-49   |
| 45              | 156    | Nick       | Kearns          | US          | -                            | 00:46:00 | 01:02:09 | 01:48:09    | 4            | Men 50-59   |
| 46              | 102    | Chi yuen   | Suen            | HKG         | -                            | 00:50:00 | 00:58:17 | 01:48:17    | 11           | Men 40-49   |
| 47              | 82     | Chung Man  | Cheng           | HKG         | -                            | 00:51:00 | 00:58:12 | 01:49:12    | 4            | Women 40-49 |
| 48              | 137    | Ringo      | Chan            | HKG         | ATC                          | 00:53:00 | 00:56:27 | 01:49:27    | 7            | Men 16-29   |
| 49              | 118    | Maxim      | Slupskiy        | Russia      | -                            | 00:50:00 | 00:59:47 | 01:49:47    | 17           | Men 30-39   |
| 50              | 829    | George     | Medd            | UK          | -                            | 00:54:00 | 00:55:47 | 01:49:47    | 8            | Men 16-29   |
| 51              | 835    | John       | Burbidge        | British     | -                            | 00:52:00 | 00:57:53 | 01:49:53    | 12           | Men 40-49   |
| 52              | 832    | Andrew     | Parker          | UK          | -                            | 00:51:00 | 00:59:54 | 01:50:54    | 13           | Men 40-49   |
| 53              | 821    | Chi Hang   | Nip             | HKG         | -                            | 00:57:00 | 00:54:36 | 01:51:36    | 18           | Men 30-39   |
| 54              | 32     | Elias      | Valdueza Garcia | Spain       | -                            | 00:52:00 | 01:00:04 | 01:52:04    | 19           | Men 30-39   |
| 55              | 831    | Antony     | Pringle         | Canada      | -                            | 00:52:00 | 01:01:34 | 01:53:34    | 5            | Men 50-59   |
| 56              | 805    | Ivy        | Chan            | HKG         | -                            | 00:52:00 | 01:01:41 | 01:53:41    | 5            | Women 40-49 |
| 57              | 58     | W K        | Chan            | HKG         | Team Garlic                  | 00:51:00 | 01:02:56 | 01:53:56    | 4            | Men 60+     |
| 58              | 14     | Sean       | Murphy          | Australia   | -                            | 00:54:00 | 00:59:57 | 01:53:57    | 20           | Men 30-39   |



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|-----------------|--------|----------------------|-----------|-------------|--------------------|----------|----------|-------------|--------------|-------------|
| 59              | 66     | Greig                | Ramsay    | UK          | -                  | 00:54:00 | 00:59:58 | 01:53:58    | 21           | Men 30-39   |
| 60              | 78     | Anna                 | Rose      | Philippines | -                  | 00:54:00 | 00:59:59 | 01:53:59    | 3            | Women 30-39 |
| 61              | 129    | Yuen Hong            | Leung     | HKG         | Crazy Running Club | 00:52:00 | 01:02:00 | 01:54:00    | 22           | Men 30-39   |
| 62              | 807    | Barbie               | Loh       | Singapore   | -                  | 00:54:00 | 01:00:19 | 01:54:19    | 1            | Women 50-59 |
| 63              | 164    | Gary                 | Ma        | HKG         | -                  | 00:54:00 | 01:01:07 | 01:55:07    | 6            | Men 50-59   |
| 64              | 5      | Charlie              | Samonte   | Philippines | -                  | 00:56:00 | 00:59:56 | 01:55:56    | 14           | Men 40-49   |
| 65              | 98     | Kwok Fai             | Ng        | HKG         | -                  | 00:55:00 | 01:02:00 | 01:56:60    | 7            | Men 50-59   |
| 66              | 153    | Yung Hin Genevieve   | Tsang     | HKG         | -                  | 00:55:00 | 01:01:10 | 01:56:10    | 2            | Women 16-29 |
| 67              | 146    | Yusuke               | Fujii     | Japan       | -                  | 00:52:00 | 01:04:16 | 01:56:16    | 15           | Men 40-49   |
| 68              | 828    | Shane                | Deheer    | New Zealand | -                  | 00:53:00 | 01:04:02 | 01:57:02    | 23           | Men 30-39   |
| 69              | 824    | James                | Simpson   | Philippines | -                  | 00:48:00 | 01:09:49 | 01:57:49    | 8            | Men 50-59   |
| 70              | 130    | Suen                 | man       | HKG         | -                  | 00:59:00 | 00:59:17 | 01:58:17    | 5            | Men 60+     |
| 71              | 818    | Benny                | Fong      | HKG         | -                  | 00:57:00 | 01:01:17 | 01:58:17    | 16           | Men 40-49   |
| 72              | 171    | Ashleigh             | Carpenter | Australia   | -                  | 00:57:00 | 01:01:32 | 01:58:32    | 4            | Women 30-39 |
| 73              | 100    | Satokazu             | Tanaka    | Japan       | -                  | 00:53:00 | 01:05:42 | 01:58:42    | 17           | Men 40-49   |
| 74              | 165    | Chu Kee Wah Jennifer | Chu       | HKG         | -                  | 00:57:00 | 01:02:40 | 01:59:40    | 3            | Women 16-29 |
| 75              | 804    | Chu Kin              | Chan      | HKG         | -                  | 01:01:00 | 00:58:50 | 01:59:50    | 18           | Men 40-49   |
| 76              | 18     | Michael              | Choi      | HKG         | -                  | 00:59:00 | 01:01:22 | 02:00:22    | 24           | Men 30-39   |
| 77              | 133    | Thomas               | Tsang     | HKG         | -                  | 01:00:00 | 01:00:59 | 02:00:59    | 25           | Men 30-39   |
| 78              | 172    | Brent                | Albuino   | Australia   | -                  | 00:51:00 | 01:10:57 | 02:01:57    | 26           | Men 30-39   |
| 79              | 83     | Mercy                | Sumabat   | Philippines | -                  | 00:53:00 | 01:09:01 | 02:02:01    | 5            | Women 30-39 |
| 80              | 17     | Tom                  | Lloyd     | UK          | -                  | 01:01:00 | 01:01:03 | 02:02:03    | 19           | Men 40-49   |
| 81              | 830    | Chi Ting             | Lee       | HKG         | -                  | 00:54:00 | 01:09:06 | 02:03:06    | 27           | Men 30-39   |
| 82              | 132    | Peter                | Broome    | Australia   | -                  | 00:56:00 | 01:07:15 | 02:03:15    | 20           | Men 40-49   |
| 83              | 815    | Billy                | Yip       | HKG         | -                  | 01:01:00 | 01:04:16 | 02:05:16    | 28           | Men 30-39   |
| 84              | 131    | Kit Mui Corinna      | Wong      | HKG         | -                  | 00:57:00 | 01:09:32 | 02:06:32    | 2            | Women 50-59 |
| 85              | 13     | Andrea               | Cheung    | HKG         | -                  | 01:00:00 | 01:06:42 | 02:06:42    | 6            | Women 30-39 |
| 86              | 69     | Ken                  | O'Byrne   | Ireland     | -                  | 01:00:00 | 01:07:59 | 02:07:59    | 9            | Men 50-59   |
| 87              | 97     | Tsz Ching            | Lei       | HKG         | -                  | 00:58:00 | 01:10:14 | 02:08:14    | 4            | Women 16-29 |



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|-----------------|--------|----------------|------------|-------------------|----------------|----------|----------|-------------|--------------|-------------|
| 88              | 86     | Rob            | Wiemerink  | Netherlands       | -              | 00:57:00 | 01:12:02 | 02:09:02    | 21           | Men 40-49   |
| 89              | 812    | Par            | Nilsson    | Sweden            | Spring for fan | 01:01:00 | 01:08:27 | 02:09:27    | 22           | Men 40-49   |
| 90              | 139    | Ying Bong      | Wu         | HKG               | -              | 01:00:00 | 01:11:52 | 02:11:52    | 29           | Men 30-39   |
| 91              | 19     | Man Kit        | Wong       | HKG               | -              | 01:03:00 | 01:11:23 | 02:14:23    | 23           | Men 40-49   |
| 92              | 109    | Miho           | Sato       | Japan             | -              | 01:04:00 | 01:10:41 | 02:14:41    | 6            | Women 40-49 |
| 93              | 16     | masahiro       | kinjo      | Japan             | -              | 01:04:00 | 01:10:51 | 02:14:51    | 24           | Men 40-49   |
| 94              | 833    | Rohan          | Baker      | Australia         | -              | 01:00:00 | 01:14:56 | 02:14:56    | 25           | Men 40-49   |
| 95              | 822    | Chun Lai       | Kwan       | HKG               | -              | 01:07:00 | 01:07:57 | 02:14:57    | 5            | Women 16-29 |
| 96              | 55     | Ho Yi          | Kwok       | HKG               | -              | 01:03:00 | 01:12:09 | 02:15:09    | 7            | Women 30-39 |
| 97              | 816    | Lai Han Dennex | Lui        | HKG               | -              | 01:03:00 | 01:12:44 | 02:15:44    | 3            | Women 50-59 |
| 98              | 49     | Mark           | Pinckers   | Netherlands       | -              | 01:03:00 | 01:12:46 | 02:15:46    | 30           | Men 30-39   |
| 99              | 12     | SOPHIE         | MARRIE     | France            | -              | 01:07:00 | 01:08:51 | 02:15:51    | 6            | Women 16-29 |
| 100             | 809    | Riccardo       | Millich    | Italy             | -              | 01:01:00 | 01:15:01 | 02:16:01    | 26           | Men 40-49   |
| 101             | 119    | Kwai On        | Mo         | HKG               | -              | 01:01:00 | 01:15:35 | 02:16:35    | 31           | Men 30-39   |
| 102             | 67     | Davy           | Ng         | HKG               | -              | 01:02:00 | 01:14:47 | 02:16:47    | 6            | Men 60+     |
| 103             | 7      | Hiroshi        | Ikeya      | Japan             | -              | 01:01:00 | 01:16:28 | 02:17:28    | 10           | Men 50-59   |
| 104             | 70     | Nurmie         | Macapundag | Philippines       | -              | 01:04:00 | 01:14:05 | 02:18:05    | 4            | Women 50-59 |
| 105             | 800    | Marco          | De Antoni  | Italy             | -              | 01:04:00 | 01:15:05 | 02:19:05    | 32           | Men 30-39   |
| 106             | 51     | Young-sook     | Stewart    | Republic of Korea | -              | 01:04:00 | 01:15:23 | 02:19:23    | 7            | Women 40-49 |
| 107             | 27     | Matthew        | Tong       | HKG               | -              | 01:06:00 | 01:14:30 | 02:20:30    | 11           | Men 50-59   |
| 108             | 80     | Dennis         | Poon       | HKG               | -              | 00:59:00 | 01:22:29 | 02:21:29    | 12           | Men 50-59   |
| 109             | 811    | Hang           | Cheung     | HKG               | -              | 01:07:00 | 01:15:18 | 02:22:18    | 27           | Men 40-49   |
| 110             | 810    | Kit Yee        | Cheung     | HKG               | -              | 01:06:00 | 01:16:18 | 02:22:18    | 8            | Women 40-49 |
| 111             | 39     | Yuen           | Chau       | HKG               | -              | 01:11:00 | 01:11:23 | 02:22:23    | 9            | Men 16-29   |
| 112             | 808    | Tam Lok        | Kwan       | HKG               | -              | 01:01:00 | 01:21:39 | 02:22:39    | 10           | Men 16-29   |
| 113             | 4      | Betty          | Grisoni    | France            | -              | 01:06:00 | 01:17:32 | 02:23:32    | 5            | Women 50-59 |
| 114             | 115    | Sin Hang       | Lo         | Macau             | -              | 01:04:00 | 01:20:55 | 02:24:55    | 33           | Men 30-39   |
| 115             | 15     | Maurice        | Humphries  | UK                | -              | 01:05:00 | 01:20:21 | 02:25:21    | 13           | Men 50-59   |
| 116             | 20     | Ching Chun     | Yip        | HKG               | -              | 01:07:00 | 01:18:50 | 02:25:50    | 11           | Men 16-29   |



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| 117             | 806    | Kevin                 | Chan      | HKG         | -               | 01:06:00 | 01:20:07 | 02:26:07    | 14           | Men 50-59   |
| 118             | 107    | Susma                 | Gurung    | Nepal       | -               | 01:09:00 | 01:18:13 | 02:27:13    | 8            | Women 30-39 |
| 119             | 22     | Charles-Henry         | Dubey     | Switzerland | -               | 01:11:00 | 01:18:25 | 02:29:25    | 34           | Men 30-39   |
| 120             | 74     | Yu Fei                | Luk       | HKG         | -               | 01:08:00 | 01:23:08 | 02:31:08    | 28           | Men 40-49   |
| 121             | 73     | Takahiro              | Fukunaga  | Japan       | -               | 01:04:00 | 01:27:13 | 02:31:13    | 35           | Men 30-39   |
| 122             | 91     | Jonathan              | Rees      | UK          | Wan Chai Wolves | 01:29:00 | 01:04:34 | 02:33:34    | 29           | Men 40-49   |
| 123             | 81     | Chor Hay              | Ng        | HKG         | -               | 01:08:00 | 01:26:55 | 02:34:55    | 30           | Men 40-49   |
| 124             | 10     | Lionel                | Marrie    | France      | -               | 01:07:00 | 01:27:56 | 02:34:56    | 7            | Men 60+     |
| 125             | 68     | NG                    | Chi Man   | HKG         | -               | 01:10:00 | 01:25:32 | 02:35:32    | 31           | Men 40-49   |
| 126             | 24     | Casper                | Chan      | HKG         | -               | 01:08:00 | 01:27:52 | 02:35:52    | 9            | Women 40-49 |
| 127             | 99     | Cat                   | Chung     | HKG         | -               | 01:15:00 | 01:21:40 | 02:36:40    | 6            | Women 50-59 |
| 128             | 817    | Ka Lun                | Wong      | HKG         | -               | 01:12:00 | 01:24:52 | 02:36:52    | 32           | Men 40-49   |
| 129             | 160    | Kam Chuen             | Tsui      | HKG         | -               | 01:13:00 | 01:24:27 | 02:37:27    | 12           | Men 16-29   |
| 130             | 94     | Martin                | Lee       | HKG         | -               | 01:16:00 | 01:21:53 | 02:37:53    | 15           | Men 50-59   |
| 131             | 140    | Kwok Wai Lampson      | Fung      | HKG         | -               | 01:10:00 | 01:28:23 | 02:38:23    | 16           | Men 50-59   |
| 132             | 159    | Hoan                  | Tran      | France      | -               | 01:15:00 | 01:23:37 | 02:38:37    | 33           | Men 40-49   |
| 133             | 827    | Brendan               | Ma        | HKG         | -               | 01:12:00 | 01:28:28 | 02:40:28    | 34           | Men 40-49   |
| 134             | 71     | Chi Yan               | Kwok      | HKG         | -               | 01:18:00 | 01:23:09 | 02:41:09    | 9            | Women 30-39 |
| 135             | 62     | Jamil                 | Ahmad     | Pakistan    | -               | 01:22:00 | 01:20:50 | 02:42:50    | 35           | Men 40-49   |
| 136             | 124    | Daria                 | Yakovenko | Russia      | -               | 01:13:00 | 01:30:54 | 02:43:54    | 10           | Women 30-39 |
| 137             | 63     | Sharma                | Gallardo  | Philippines | -               | 01:18:00 | 01:26:10 | 02:44:10    | 11           | Women 30-39 |
| 138             | 72     | sumiyo                | Pearmund  | Japan       | -               | 01:15:00 | 01:29:12 | 02:44:12    | 10           | Women 40-49 |
| 139             | 819    | Priscilla             | Bernardes | Italy       | -               | 01:19:00 | 01:31:16 | 02:50:16    | 12           | Women 30-39 |
| 140             | 84     | Stephen               | Pau       | HKG         | -               | 01:21:00 | 01:29:58 | 02:50:58    | 17           | Men 50-59   |
| 141             | 176    | Ana                   | Luceno    | Philippines | -               | 01:11:00 | 01:40:24 | 02:51:24    | 11           | Women 40-49 |
| 142             | 79     | Charmaine (Choi Ming) | Chan      | HKG         | -               | 01:16:00 | 01:36:15 | 02:52:15    | 13           | Women 30-39 |
| 143             | 75     | Joylyn                | Reyes     | Philippines | -               | 01:19:00 | 01:33:26 | 02:52:26    | 7            | Women 50-59 |
| 144             | 46     | Benjamin              | Dawson    | Australia   | -               | 01:17:00 | 01:36:23 | 02:53:23    | 36           | Men 40-49   |
| 145             | 135    | Chi Wai               | Lau       | HKG         | -               | 01:20:00 | 01:34:37 | 02:54:37    | 37           | Men 40-49   |





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|-----------------|--------|------------------|-------------|-------------|----------------|----------|----------|-------------|--------------|-------------|
| 146             | 125    | Nuno             | Tavares     | Portugal    | -              | 01:15:00 | 01:39:48 | 02:54:48    | 38           | Men 40-49   |
| 147             | 163    | Jessica          | Hau         | HKG         | -              | 01:23:00 | 01:32:38 | 02:55:38    | 12           | Women 40-49 |
| 148             | 105    | Kwok hoi         | Wong        | HKG         | -              | 01:12:00 | 01:44:32 | 02:56:32    | 39           | Men 40-49   |
| 149             | 106    | Man Kin          | Lee         | HKG         | -              | 01:14:00 | 01:42:32 | 02:56:32    | 40           | Men 40-49   |
| 150             | 76     | Ying Kin         | Ngan        | HKG         | -              | 01:25:00 | 01:31:43 | 02:56:43    | 41           | Men 40-49   |
| 151             | 26     | Graham           | Price       | UK          | -              | 01:19:00 | 01:39:38 | 02:58:38    | 36           | Men 30-39   |
| 152             | 33     | Simon            | Acton       | UK          | -              | 01:19:00 | 01:39:38 | 02:58:38    | 37           | Men 30-39   |
| 153             | 96     | Lung Kong        | Au          | HKG         | -              | 01:13:00 | 01:48:33 | 03:01:33    | 42           | Men 40-49   |
| 154             | 28     | A                | S           | India       | -              | 01:28:00 | 01:37:43 | 03:05:43    | 43           | Men 40-49   |
| 155             | 134    | Fai kiu          | Ma          | HKG         | -              | 01:19:00 | 01:49:11 | 03:08:11    | 7            | Women 16-29 |
| 156             | 23     | Angela           | Capone      | Australia   | -              | 01:30:00 | 01:44:48 | 03:14:48    | 13           | Women 40-49 |
| 157             | 104    | Yat Chi          | Yu          | HKG         | -              | 01:28:00 | 01:51:05 | 03:19:05    | 38           | Men 30-39   |
| 158             | 826    | Ying Wai         | Kwong       | HKG         | -              | 01:34:00 | 01:45:24 | 03:19:24    | 18           | Men 50-59   |
| 159             | 144    | Chi Sam          | Yiu         | HKG         | -              | 01:21:00 | 01:58:26 | 03:19:26    | 39           | Men 30-39   |
| 160             | 38     | Wilson           | Leung       | HKG         | -              | 01:27:00 | 01:55:55 | 03:22:55    | 40           | Men 30-39   |
| 161             | 37     | Julia            | Lee         | HKG         | -              | 01:32:00 | 01:51:00 | 03:23:00    | 8            | Women 50-59 |
| 162             | 60     | Shing            | Chan        | HKG         | -              | 01:33:00 | 01:50:47 | 03:23:47    | 44           | Men 40-49   |
| 163             | 6      | Chau Sing        | Wu          | HKG         | -              | 01:33:00 | 01:53:49 | 03:26:49    | 8            | Men 60+     |
| 164             | 151    | Lusheeta         | Tam         | HKG         | -              | 01:34:00 | 01:52:56 | 03:26:56    | 14           | Women 40-49 |
| 165             | 25     | Shashank         | Gangil      | India       | -              | 01:34:00 | 02:07:40 | 03:41:40    | 41           | Men 30-39   |
| 166             | 166    | Yiu Ting Dickson | Lai         | HKG         | -              | 01:43:00 | 01:59:02 | 03:42:02    | 42           | Men 30-39   |
| 167             | 825    | Fernette         | Casipit     | Philippines | -              | 01:50:00 | 01:58:19 | 03:48:19    | 15           | Women 40-49 |
| 168             | 21     | Yeuk Fan         | Hui         | HKG         | -              | 01:53:00 | 02:02:08 | 03:55:08    | 43           | Men 30-39   |
| 169             | 838    | Nikhil           | Challapalli | India       | -              | 01:53:00 | 02:15:12 | 04:08:12    | 13           | Men 16-29   |
| 170             | 814    | Julia            | Nakano      | Germany     | -              | 01:08:00 | -        | -           | DNF          | Women 40-49 |
| 171             | 34     | Doby             | Yau         | HKG         | -              | 02:17:00 | -        | -           | DNF          | Women 40-49 |
| 172             | 35     | Josephine        | Ng          | HKG         | -              | 02:24:00 | -        | -           | DNF          | Women 50-59 |
| 173             | 8      | Neil             | Sadarangani | HKG         | -              | -        | -        | -           | DNS          | Men 16-29   |
| 174             | 29     | Tommy            | Lau         | Canada      | LJRC           | -        | -        | -           | DNS          | Men 50-59   |



# Action SPRINT Trail Series

## DBay, Lantau, Hong Kong

### (12km Solo Men, Women)

#### April 16, 2023



| Overall Ranking | Race # | First Name       | Last Name  | Nationality  | Team / Sponsor | CP1 | Split | Finish Time | Cat Position | Category    |
|-----------------|--------|------------------|------------|--------------|----------------|-----|-------|-------------|--------------|-------------|
| 175             | 30     | Max              | Fuller     | Australia    | -              | -   | -     | -           | DNS          | Men 16-29   |
| 176             | 31     | Jerome           | de Clarens | France       | -              | -   | -     | -           | DNS          | Men 30-39   |
| 177             | 41     | Lap Kei          | Cheung     | HKG          | -              | -   | -     | -           | DNS          | Men 50-59   |
| 178             | 42     | Chung Hin HARRIS | Yau        | HKG          | -              | -   | -     | -           | DNS          | Men 16-29   |
| 179             | 43     | Pang Hing        | Wong       | HKG          | -              | -   | -     | -           | DNS          | Women 40-49 |
| 180             | 48     | Hai Chun         | Bee        | HKG          | -              | -   | -     | -           | DNS          | Men 50-59   |
| 181             | 53     | Harjitpal        | Singh      | Malaysia     | -              | -   | -     | -           | DNS          | Men 30-39   |
| 182             | 57     | Kevin            | Bonifacio  | US           | THURSDAY EVE   | -   | -     | -           | DNS          | Men 30-39   |
| 183             | 59     | Joshua           | Davies     | US           | -              | -   | -     | -           | DNS          | Men 40-49   |
| 184             | 64     | Annalyn          | Hernandez  | Philippines  | -              | -   | -     | -           | DNS          | Women 40-49 |
| 185             | 65     | Gump             | Wong       | HKG          | Snail Sports   | -   | -     | -           | DNS          | Men 40-49   |
| 186             | 85     | Christian        | Schneid    | Germany      | SAGGing tigers | -   | -     | -           | DNS          | Men 40-49   |
| 187             | 88     | Lester           | Cheng      | HKG          | -              | -   | -     | -           | DNS          | Men 40-49   |
| 188             | 89     | San              | Tiong      | Philippines  | Gradual Team   | -   | -     | -           | DNS          | Men 40-49   |
| 189             | 108    | Andrew           | Osborne    | South Africa | -              | -   | -     | -           | DNS          | Men 30-39   |
| 190             | 120    | Snoopy           | Wong       | HKG          | -              | -   | -     | -           | DNS          | Women 40-49 |
| 191             | 122    | Chaim            | Estulin    | US           | -              | -   | -     | -           | DNS          | Men 50-59   |
| 192             | 126    | Simon Chien Heng | Chu        | HKG          | -              | -   | -     | -           | DNS          | Men 16-29   |
| 193             | 127    | Philipp          | Staack     | Germany      | -              | -   | -     | -           | DNS          | Men 50-59   |
| 194             | 136    | Teddy Hak Shiu   | Ip         | HKG          | -              | -   | -     | -           | DNS          | Men 60+     |
| 195             | 161    | sheung chun      | chan       | HKG          | -              | -   | -     | -           | DNS          | Men 40-49   |
| 196             | 174    | YW               | Kwong      | HKG          | -              | -   | -     | -           | DNS          | Men 50-59   |
| 197             | 836    | Roselyn          | Tamouch    | Philippines  | 0              | -   | -     | -           | DNS          | Women 30-39 |