



Action Sprint Trail Series - Sai Kung

April 12, 2025

18km Individual Overall Timing



Overall Ranking	Race #	Last Name	First Name	Nationality	Team / Sponsor	CP 1	Split	CP 2	Split	Finish Time	Cat Position	Category
1	251	Oleksii	Melnyk	Ukraine	T8 Run	00:47:45	00:25:39	01:13:24	00:28:48	01:42:12	1	Male 30-39
2	163	Lau	Tsz Ho Disky	HKSAR	--	00:48:36	00:25:32	01:14:08	00:28:21	01:42:29	1	Male 16-29
3	141	Connolly	Creighton	Canada	--	00:53:55	00:24:29	01:18:24	00:32:01	01:50:25	2	Male 30-39
4	232	Leung	Son Keng	HKSAR	--	00:53:02	00:27:01	01:20:03	00:31:29	01:51:32	1	Male 40-49
5	209	Crisp	Daniel	British	--	00:51:31	00:27:27	01:18:58	00:32:40	01:51:38	3	Male 30-39
6	230	Ng	Ki Wai	HKSAR	--	00:56:21	00:25:53	01:22:14	00:31:26	01:53:40	2	Male 40-49
7	240	Philips	James	United Kingdom	--	00:53:24	00:28:39	01:22:03	00:34:28	01:56:31	4	Male 30-39
8	101	Kozolinsky	Jules	France	--	00:55:11	00:30:39	01:25:50	00:31:08	01:56:58	5	Male 30-39
9	255	Bhattarai	Bhesh Raj	Nepal	HKNUTRA	00:55:04	00:30:49	01:25:53	00:31:21	01:57:14	3	Male 40-49
10	208	Dong	Chaoling	CHN	--	00:56:27	00:28:48	01:25:15	00:32:28	01:57:43	1	Female 30-39
11	156	Dorne	Mathieu	France	--	00:56:46	00:29:35	01:26:21	00:31:57	01:58:18	6	Male 30-39
12	174	Wong	Mei Yan	HKSAR	--	01:00:06	00:25:50	01:25:56	00:33:20	01:59:16	2	Female 30-39
13	227	De Vathaire	Emmanuel	FRANCE	--	00:59:15	00:29:21	01:28:36	00:31:50	02:00:26	2	Male 16-29
14	175	Monin	Vincent	France	--	00:56:25	00:30:56	01:27:21	00:35:20	02:02:41	4	Male 40-49
15	253	Laugier	Quentin	France	--	00:56:56	00:30:27	01:27:23	00:35:54	02:03:17	3	Male 16-29
16	229	Chan	Joey Chung Yin	HKSAR	--	00:56:26	00:30:49	01:27:15	00:37:08	02:04:23	4	Male 16-29
17	252	Jericevich	Peter	Scotland	--	01:04:00	00:28:32	01:32:32	00:35:54	02:08:26	7	Male 30-39
18	108	Bainbridge	Hannah	United Kingdom	--	00:59:04	00:31:07	01:30:11	00:39:38	02:09:49	1	Female 40-49
19	117	Harlin	Petronella	Sweden	--	01:02:48	00:31:43	01:34:31	00:35:23	02:09:54	3	Female 30-39
20	201	Gaudeneche	Anthony	France	--	00:59:59	00:35:29	01:35:28	00:35:41	02:11:09	5	Male 16-29
21	215	Martyn-Smith	Rory	British	--	00:59:41	00:33:10	01:32:51	00:38:43	02:11:34	8	Male 30-39
22	216	Beadle	Alfie	United Kingdom	--	01:03:04	00:32:24	01:35:28	00:37:01	02:12:29	6	Male 16-29
23	153	Wurfain	Oliver	Netherlands	--	01:02:33	00:33:32	01:36:05	00:37:47	02:13:52	7	Male 16-29
24	114	Wilson	Paul	United Kingdom	--	01:09:09	00:31:50	01:40:59	00:34:16	02:15:15	5	Male 40-49
25	245	Healy	David	Scotland	DOP Running	01:03:13	00:34:18	01:37:31	00:37:53	02:15:24	9	Male 30-39
26	242	Tsang	Chi Fai	HKSAR	--	01:04:27	00:32:42	01:37:09	00:38:27	02:15:36	1	Male 50-59
27	237	Chow	Clint	HKSAR	--	01:01:29	00:34:45	01:36:14	00:40:33	02:16:47	6	Male 40-49
28	118	Wong	Tze Wan	HKSAR	--	01:03:45	00:35:24	01:39:09	00:38:08	02:17:17	1	Male 60+



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29	259	Holmes	Richard	United Kingdom	--	01:10:43	00:30:00	01:40:43	00:38:01	02:18:44	10	Male 30-39
30	172	Sangely	Sébastien	France	--	01:08:50	00:32:29	01:41:19	00:38:19	02:19:38	7	Male 40-49
31	162	Poon	Wai Yan	HKSAR	--	01:07:52	00:32:36	01:40:28	00:39:15	02:19:43	11	Male 30-39
32	134	Lam	Tak Tin	HKSAR	--	01:07:59	00:32:27	01:40:26	00:40:40	02:21:06	8	Male 40-49
33	147	Bell-Scott	Angus	United Kingdom	--	01:06:26	00:32:24	01:38:50	00:42:27	02:21:17	12	Male 30-39
34	135	Hibberd	Christian	United Kingdom	--	01:08:04	00:34:47	01:42:51	00:40:16	02:23:07	13	Male 30-39
35	123	Donohue-Channon	Joshua	United Kingdom	--	01:10:41	00:34:41	01:45:22	00:38:58	02:24:20	8	Male 16-29
36	155	Davis	Peter	United Kingdom	--	01:06:12	00:34:42	01:40:54	00:43:40	02:24:34	2	Male 50-59
37	177	Overton	Christian	HKSAR	--	01:06:21	00:36:22	01:42:43	00:41:56	02:24:39	9	Male 16-29
38	211	Kontar	Ayoub	Morocco	--	01:14:31	00:36:16	01:50:47	00:33:59	02:24:46	14	Male 30-39
39	144	Le Guilcher	Loic	France	--	01:12:36	00:35:40	01:48:16	00:36:59	02:25:15	10	Male 16-29
40	151	Pao	Mandy	HKSAR	--	01:11:41	00:33:11	01:44:52	00:41:12	02:26:04	4	Female 30-39
41	231	Soulier	Stephanie	Australia	--	01:08:20	00:36:00	01:44:20	00:42:52	02:27:12	2	Female 40-49
42	143	Ng	Tsz Kong	HKSAR	--	01:11:42	00:35:13	01:46:55	00:42:31	02:29:26	15	Male 30-39
43	167	Chiu	Ho Leung	HKSAR	--	01:08:03	00:41:31	01:49:34	00:40:13	02:29:47	16	Male 30-39
44	122	Feneon	Cyril	France	--	01:11:13	00:37:08	01:48:21	00:42:59	02:31:20	11	Male 16-29
45	239	Wan	Chi Wah	CHN	--	01:13:45	00:36:57	01:50:42	00:41:01	02:31:43	3	Male 50-59
46	207	Leveille Nizerolle	Edouard	French	--	01:12:51	00:38:35	01:51:26	00:42:01	02:33:27	12	Male 16-29
47	125	Magno	Aubrey Rose	Philippines	--	01:14:50	00:36:21	01:51:11	00:42:22	02:33:33	1	Female 16-29
48	243	Lam	Pui Hung	HKSAR	--	01:15:30	00:35:20	01:50:50	00:44:20	02:35:10	4	Male 50-59
49	157	鄭	徐偉	HKSAR	--	01:14:10	00:37:08	01:51:18	00:45:14	02:36:32	2	Male 60+
50	205	Oczachowski	Aurelie	French	--	01:13:33	00:39:21	01:52:54	00:45:16	02:38:10	2	Female 16-29
51	218	Grollet	Jean	French	--	01:13:31	00:39:20	01:52:51	00:45:20	02:38:11	13	Male 16-29
52	256	Calingasan	Jovelyn	Philippines	--	01:13:53	00:40:05	01:53:58	00:44:47	02:38:45	1	Female 50-59
53	104	Barker	Peter	United Kingdom	--	01:17:00	00:36:50	01:53:50	00:48:16	02:42:06	9	Male 40-49
54	169	Lee	Jeremy	United Kingdom	--	01:17:28	00:40:08	01:57:36	00:45:19	02:42:55	10	Male 40-49
55	223	Ma	Gary	CHN	--	01:15:10	00:40:26	01:55:36	00:48:21	02:43:57	5	Male 50-59
56	184	Schwarz	Philippe	Belgium	--	01:19:00	00:35:49	01:54:49	00:49:42	02:44:31	6	Male 50-59



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57	238	Tsang	Sik Hei	HKSAR	--	01:18:26	00:40:05	01:58:31	00:46:34	02:45:05	14	Male 16-29
58	241	Naoi	Yukinori	JPN	--	01:15:56	00:42:00	01:57:56	00:48:48	02:46:44	11	Male 40-49
59	183	Rubinstein	Marc	United States	--	01:17:50	00:38:17	01:56:07	00:50:51	02:46:58	7	Male 50-59
60	250	Cibiel	Emma	France	--	01:16:00	00:41:53	01:57:53	00:49:35	02:47:28	3	Female 16-29
61	142	Bac	Wai Hung	HKSAR	--	01:23:39	00:37:43	02:01:22	00:47:11	02:48:33	8	Male 50-59
62	246	Kelley	Julfa	Philippines	--	01:19:49	00:43:27	02:03:16	00:46:37	02:49:53	2	Female 50-59
63	127	Choi	Chi Wah	HKSAR	--	01:17:33	00:42:12	01:59:45	00:50:44	02:50:29	3	Male 60+
64	182	Simos	Bill	Australia	--	01:21:08	00:39:34	02:00:42	00:50:07	02:50:49	4	Male 60+
65	128	Lin	Ken	HKSAR	--	01:20:37	00:42:52	02:03:29	00:47:45	02:51:14	17	Male 30-39
66	178	Young	Chi Chun Jason	HKSAR	--	01:20:31	00:44:06	02:04:37	00:47:13	02:51:50	15	Male 16-29
67	244	Ng	Chui Yin	HKSAR	--	01:18:01	00:44:03	02:02:04	00:49:56	02:52:00	3	Female 40-49
68	152	Smeets	Stephan	Netherlands	--	01:18:17	00:44:38	02:02:55	00:52:01	02:54:56	9	Male 50-59
69	106	Grueber	Victoria	Germany	--	01:22:24	00:41:48	02:04:12	00:50:45	02:54:57	4	Female 16-29
70	129	Ning	Yunzhou	CHN	--	01:26:01	00:40:13	02:06:14	00:49:31	02:55:45	16	Male 16-29
71	213	Sibal	Jenifer	0	--	01:24:11	00:42:30	02:06:41	00:50:50	02:57:31	4	Female 40-49
72	234	Wong	Ching Yui	HKSAR	--	01:20:28	00:41:53	02:02:21	00:55:32	02:57:53	18	Male 30-39
73	160	King Sang	Chan	HKSAR	--	01:27:23	00:44:48	02:12:11	00:46:11	02:58:22	12	Male 40-49
74	217	Macisaac	Fraser	Canada	--	01:25:00	00:46:00	02:11:00	00:47:49	02:58:49	19	Male 30-39
75	176	Wolfsheimer	Daniel	Other...	--	01:23:06	00:43:24	02:06:30	00:54:15	03:00:45	13	Male 40-49
76	228	Bastian	Jevy Lorna	filipino	teamHalimau	01:22:41	00:47:36	02:10:17	00:52:00	03:02:17	5	Female 40-49
77	219	Gill	Amy	British	--	01:24:17	00:44:48	02:09:05	00:54:21	03:03:26	5	Female 30-39
78	149	Hashimoto	Yoshimasa	Japan	--	01:27:25	00:43:34	02:10:59	00:54:15	03:05:14	14	Male 40-49
79	148	Sakura	Norihiko	Japan	--	01:27:26	00:43:30	02:10:56	00:54:19	03:05:15	15	Male 40-49
80	126	Micolon	Anne-Gaelle	France	--	01:28:51	00:45:52	02:14:43	00:50:37	03:05:20	6	Female 40-49
81	203	Ma	Ranli	CHN	Eternal Optimists	01:22:18	00:48:57	02:11:15	00:54:50	03:06:05	6	Female 30-39
82	206	Humphries	Maurice	British	--	01:28:47	00:41:28	02:10:15	00:58:26	03:08:41	10	Male 50-59
83	222	Moody	Jonathan	United States	--	01:54:25	00:34:27	02:28:52	00:39:56	03:08:48	16	Male 40-49
84	204	Hui Wan Wandy	Ho	HKSAR	--	01:31:16	00:46:42	02:17:58	00:52:41	03:10:39	7	Female 30-39



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85	254	Griaud	Alice	France	--	01:26:46	00:46:39	02:13:25	00:57:34	03:10:59	5	Female 16-29
86	170	Tsoi	Jevons	HKSAR	--	01:29:33	00:48:14	02:17:47	00:55:36	03:13:23	11	Male 50-59
87	171	Chi Ming Eric	Lo	HKSAR	--	01:29:36	00:48:14	02:17:50	00:55:38	03:13:28	12	Male 50-59
88	159	Ng	Sze Ying	HKSAR	--	01:33:54	00:52:00	02:25:54	00:48:08	03:14:02	7	Female 40-49
89	221	Iskra	Anna Maria	Poland	--	01:28:21	00:48:30	02:16:51	00:57:47	03:14:38	8	Female 30-39
90	236	Lam	Chiu Wing	HKSAR	--	01:28:09	00:50:54	02:19:03	00:55:44	03:14:47	5	Male 60+
91	164	Tse	Chung Kei	HKSAR	--	01:29:58	00:53:10	02:23:08	00:51:54	03:15:02	13	Male 50-59
92	146	Hui	Ka Chuen Kenneth	HKSAR	--	01:32:52	00:51:29	02:24:21	00:52:47	03:17:08	14	Male 50-59
93	115	Choi	Eric	HKSAR	--	01:40:00	00:42:26	02:22:26	00:54:50	03:17:16	17	Male 40-49
94	224	Chow	Mei Yin Iris	HKSAR	--	01:34:05	00:51:05	02:25:10	00:53:07	03:18:17	8	Female 40-49
95	165	Poon	Ka Fai	HKSAR	--	01:34:51	00:52:26	02:27:17	00:51:29	03:18:46	18	Male 40-49
96	158	Chau	Wai Man	HKSAR	--	01:31:47	00:48:58	02:20:45	00:59:01	03:19:46	15	Male 50-59
97	257	Panguito	Jenny	Philippines	--	01:36:56	00:49:36	02:26:32	00:53:20	03:19:52	9	Female 30-39
98	179	Kam Wah	Lam	HKSAR	--	01:34:28	00:52:31	02:26:59	00:53:15	03:20:14	16	Male 50-59
99	116	Wong	Shu Wing	HKSAR	--	01:30:50	00:55:48	02:26:38	00:57:00	03:23:38	17	Male 50-59
100	233	Fung	Louise	HKSAR	--	01:27:06	01:05:56	02:33:02	00:52:53	03:25:55	10	Female 30-39
101	260	Pang	Wang Kit	HKSAR	--	01:41:42	00:49:44	02:31:26	00:59:00	03:30:26	19	Male 40-49
102	210	Lindberg	David	Canada	--	01:45:34	00:49:29	02:35:03	01:02:45	03:37:48	18	Male 50-59
103	225	Diongon	Sharon	Filipino	--	01:41:13	00:56:39	02:37:52	01:01:49	03:39:41	11	Female 30-39
104	212	Pesuelo	Jhoan	Filipino	--	01:40:42	01:00:56	02:41:38	00:59:12	03:40:50	9	Female 40-49
105	168	Harkin	Kate	Australia	--	01:40:25	00:52:26	02:32:51	01:09:04	03:41:55	3	Female 50-59
106	109	Bas	Roy	Philippines	--	01:44:12	00:54:04	02:38:16	01:05:14	03:43:30	19	Male 50-59
107	226	Magbanua	Kristine	Filipino	--	01:44:10	00:57:39	02:41:49	01:02:45	03:44:34	12	Female 30-39
108	137	Ho	Wah Hoi	HKSAR	--	01:45:18	00:55:36	02:40:54	01:10:52	03:51:46	6	Male 60+
109	249	Kk	Jj	HKSAR	--	01:57:49	00:55:57	02:53:46	01:03:41	03:57:27	7	Male 60+
110	180	Siu	Cheuk Yiu	HKSAR	--	01:58:08	00:51:58	02:50:06	01:10:53	04:00:59	8	Male 60+
111	202	Fu	Qiqi	0	--	01:59:42	00:55:56	02:55:38	01:10:09	04:05:47	13	Female 30-39
112	258	Geloit	Clement	France	--	01:04:33	-	-	-	-	DNF	Male 16-29



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113	124	Yu	Jasmine	CHN	--	01:18:11	-	-	-	-	DNF	Female 16-29
114	247	Yung	Chun Wing Gerald Hugh	HKSAR	--	01:35:20	-	-	-	-	DNF	Male 50-59
115	189	Ulrich	Manuel	Germany	--	01:41:17	-	-	-	-	DNF	Male 40-49
116	154	Hui	Stephen	United States	--	01:41:53	-	-	-	-	DNF	Male 40-49
117	121	Mui	Cheong Wah	HKSAR	--	01:42:03	-	-	-	-	DNF	Male 50-59
118	248	Lam	Henry	HKSAR	--	01:45:50	-	-	-	-	DNF	Male 60+
119	120	Cheng	Nga Kit	HKSAR	--	01:57:21	-	-	-	-	DNF	Male 40-49
120	102	Kelley	Elizabeth	United States	--	-	-	-	-	-	DNS	Female 30-39
121	103	Aymard	Camille	France	--	-	-	-	-	-	DNS	Female 30-39
122	105	Jensen	Troels	Denmark	--	-	-	-	-	-	DNS	Male 40-49
123	107	Li	Zhen	HKSAR	--	-	-	-	-	-	DNS	Female 16-29
124	110	Oussaiden	Marine	France	--	-	-	-	-	-	DNS	Female 16-29
125	111	Bernal	Daniel	Other...	--	-	-	-	-	-	DNS	Male 40-49
126	112	Phin	Mark	United Kingdom	--	-	-	-	-	-	DNS	Male 50-59
127	113	Cove	John	United Kingdom	--	-	-	-	-	-	DNS	Male 16-29
128	119	Poon	Yuk Pui	HKSAR	--	-	-	-	-	-	DNS	Female 60+
129	130	Heymans	Pauline	Belgium	--	-	-	-	-	-	DNS	Female 16-29
130	131	Lok Kwan	Tam	HKSAR	--	-	-	-	-	-	DNS	Male 16-29
131	132	Krishna Murthy	Raghavendra	India	--	-	-	-	-	-	DNS	Male 40-49
132	133	Yan	Wing Sum	HKSAR	--	-	-	-	-	-	DNS	Male 30-39
133	136	Ho	Chun Pong	HKSAR	--	-	-	-	-	-	DNS	Male 30-39
134	138	Wong	Kin Wai	HKSAR	--	-	-	-	-	-	DNS	Male 30-39
135	139	Chan	Fai Hung	HKSAR	--	-	-	-	-	-	DNS	Male 16-29
136	140	Vaudaine	Fred	France	--	-	-	-	-	-	DNS	Male 30-39
137	145	Ng	Tak Cheung	HKSAR	--	-	-	-	-	-	DNS	Male 30-39
138	150	Huisman	Joost	Netherlands	--	-	-	-	-	-	DNS	Male 30-39
139	161	Au	Carrie	HKSAR	--	-	-	-	-	-	DNS	Female 40-49
140	166	Yau	Chung Hin Harris	HKSAR	--	-	-	-	-	-	DNS	Male 16-29



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141	173	Gonzales	Rowena	Canada	--	-	-	-	-	-	DNS	Female 40-49
142	181	Yip	Billy	HKSAR	--	-	-	-	-	-	DNS	Male 40-49
143	185	Alsop	Rachael	Ireland	--	-	-	-	-	-	DNS	Female 50-59
144	186	Montanari	Taiyo	Switzerland	--	-	-	-	-	-	DNS	Male 16-29
145	187	Choy	Yuit Yin	United States	--	-	-	-	-	-	DNS	Female 16-29
146	188	Choy	Kwong Yi	United States	--	-	-	-	-	-	DNS	Male 16-29
147	190	Lok Yin	Chau	HKSAR	--	-	-	-	-	-	DNS	Male 16-29
148	191	Choi	Eugenie	HKSAR	--	-	-	-	-	-	DNS	Female 16-29
149	192	Grange	Timothee	France	--	-	-	-	-	-	DNS	Male 40-49
150	193	Cansell	Stephen	United Kingdom	--	-	-	-	-	-	DNS	Male 50-59
151	194	Yip	Yu Ching	HKSAR	--	-	-	-	-	-	DNS	Female 16-29
152	195	Nales	Joyce	Philippines	--	-	-	-	-	-	DNS	Female 50-59
153	197	Campbell	Silas	United Kingdom	--	-	-	-	-	-	DNS	Male 40-49
154	198	Lau	Hin Chung	HKSAR	--	-	-	-	-	-	DNS	Male 16-29
155	199	Li	Lam Wai	HKSAR	--	-	-	-	-	-	DNS	Male 30-39
156	200	Soh	Kheng Hong	Singapore	--	-	-	-	-	-	DNS	Male 40-49
157	214	Derecho	Rachelle Ann	Filipino	--	-	-	-	-	-	DNS	Female 30-39
158	220	Wong	Emily	Canadian	--	-	-	-	-	-	DNS	Female 16-29
159	235	Morenval	Thibault	French	--	-	-	-	-	-	DNS	Male 30-39